KEY SERVICES 2019 - 2022	PROACTIVE				RESPONSIVE	
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Services	School Policy Templates Portal	Principal Mentor Program	Proactive Wellbeing Supervision	Principal Health Checks	Complex Matter Support Team	Early Intervention Program
What is it?	 Suite of relevant policy templates Meets legal, Departmental policy, and school registration requirements Easily adapted for each school Updated regularly 	 On demand access to experienced principal mentors Mentors trained in psychological first aid Up to 12 hours of mentoring on offer Confidential service 	 Allied health model bi- annual debriefing sessions with an experienced psychologist Proactive check-in for new and acting principals at 6-8 week mark Confidential service 	 Access to physical and mental health check services Detailed health assessment report Independent provider Confidential and voluntary 	 A Lead Professional will: coordinate and connect principals with supports from a number of areas assist with responding to correspondence from parents and advocates 	 Support for illness, injury or early warning signs of health and wellbeing issues Access to case management and services including psychological, physical, dietetics, financial and others Confidential service
How will it benefit principals?	 Reduces workload by providing resources to support compliance Provides practical guidelines for policy implementation 	 Reduces feelings of isolation Connects principals with highly- skilled retired principals Provides tailored and timely support 	 Access proactive debriefing with an independent psychologist to facilitate reflective practice Develop a personalised wellbeing plan and strategies 	 Provides expert practical health and lifestyle advice based on assessment Access referrals to allied health services as needed 	 Reduces principals' workload in managing complex cases Provides expert guidance and support to ensure better outcomes 	 Provides holistic support for emerging and existing health issues Choice of allied health provider for ongoing support
Who can access this?	• All DET staff	 School principals, including acting 	 School principals, including acting 	 All principal class, including acting 	 All principal class, including acting 	 All principal class, including acting
Contact	7022 0930	8199 2986	1300 326 941	8396 0266	7022 1201	1300 090 924

To learn more about each of these services, please visit the Principal Health and Wellbeing Strategy page.

IG ON EXISTING INITIATIVES AND RTS FOR PRINCIPALS

al Support Unit (PSU)

its and ongoing phone/email consultations with for confidential specialist advice and support. shops addressing a range of topics which are drivers the 'wellbeing' issues arising for school leaders.

an Wheeler 0457 529 729 | Frank Sal 0475 832 471

er Assist

Assist provides help with people-related issues including d guidance on having difficult conversations with your and supporting them and their mental health.

00 361 008

nort-term, confidential counselling service, available staff (including principals) up to 4 sessions to discuss and work-related issues.

00 361 008

Resolution Support Service

constructive resolution to staff conflicts that arise kplace.

00 687 633 diation@convergeintl.com.au

Advisory Service

al Advisory Service provides advice to principals igers on the management of employees experiencing ical and/or physical health related difficulties that their ability to perform the duties associated with oyment.

00 031 057 <u> F@injurynet.com.au</u>

als' Page

information on the above supports and links to on and resources that principals need to access or urgently.

our home page:

ugate.eduweb.vic.gov.au/edrms/keyprocess/prin/ SitePages/Home.aspx

ice and support on curly HR and workforce matters





Education and Training