# Assessing readiness to improve health and wellbeing

Schools can use the discussion points, FISO dimensions and key questions in the table below to reflect on readiness, using a range of information and evidence to inform the discussion.

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| Discussion points | FISO dimensions | Key questions to ask | How do you know? |
| An understanding shared by all school staff that health and wellbeing are foundational to student learning, and a shared vision for excellence in supporting student health and wellbeing | Health and Wellbeing | Do we have a shared understanding that wellbeing is foundational to student learning?  What does excellent support for students’ health and wellbeing look like in our school? |  |
| A safe learning environment that is respectful, trusting and supportive for teachers, students and families | Health and Wellbeing | Is our learning environment safe for students, teachers, staff and families? How do we know this? |  |
| Strong organisational structures and relationships with broader networks, supports and agencies, and access to resources which support student health and wellbeing | Networks with schools, services and agencies | Do we know what external supports and agencies can improve our students’ health and wellbeing?  Do we have effective relationships with them? |  |