

**Victorian Purchasing Guide**  
**for**  
**SIS Sport, Fitness and Recreation**  
**Training Package**  
**Release 5.0**

**April 2022**

© State of Victoria (Department of Education and Training) 2022.

Copyright of this material is reserved to the Crown in the right of the State of Victoria. This work is licensed under a Creative Commons Attribution-NoDerivs 3.0 Australia licence (See [Creative Commons](#) for more information). You are free to use, copy and distribute to anyone in its original form as long as you attribute Higher Education and Skills, Department of Education and Training (DET) as the author, and you license any derivative work you make available under the same licence.

### **Disclaimer**

In compiling the information contained in and accessed through this resource, the Department of Education and Training has used its best endeavours to ensure that the information is correct and current at the time of publication but takes no responsibility for any error, omission or defect therein.

To the extent permitted by law, DET, its employees, agents and consultants exclude all liability for any loss or damage (including indirect, special or consequential loss or damage) arising from the use of, or reliance on the information contained herein, whether caused or not by any negligent act or omission. If any law prohibits the exclusion of such liability, DET limits its liability to the extent permitted by law, for the resupply of the information.

### **Third party sites**

This resource may contain links to third party websites and resources. DET is not responsible for the condition or content of these sites or resources as they are not under its control.

Third party material linked from this resource is subject to the copyright conditions of the third party. Users will need to consult the copyright notice of the third party sites for conditions of usage

## Victorian Purchasing Guide — Release History

**Note:** RTOs should refer to the National Register for the detail of changes made in each Release. (See [National Register](#) for more information)

Training Package Release	Date VPG Approved	Comments
SIS Sport, Fitness and Recreation Training Package Release No 5.0	1 April 2022	<p>This Victorian Purchasing Guide reflects the changes made to SIS Sport, Fitness and Recreation Training Package Release 5.0 and incorporates the minor Release 4.1</p> <p><b>SIS Release 5.0</b></p> <p>This release includes:</p> <ul style="list-style-type: none"> <li>• Fitness qualifications and associated SISFFIT units</li> <li>• Outdoor Leadership and Sport qualifications</li> </ul> <p>This VPG incorporates the deletion of 1 unit of competency, SISCAQU013 Coordinate lifeguard service at an aquatic facility, actioned in Release 4.1.</p>
SIS Sport, Fitness and Recreation Training Package Release 4.0	15 November 2019	<p>This Victorian Purchasing Guide reflects the changes made to the SIS Sport, Fitness and Recreation Release 4.0 (11th September 2019) for the Sport and Outdoor Recreation sectors. It includes:</p> <ul style="list-style-type: none"> <li>• 1 new and 10 revised qualifications</li> <li>• 191 revised units</li> <li>• 31 new units</li> </ul>
SIS Sport, Fitness and Recreation Training Package Release 3.0	27 March 2018	<p>The Victorian Purchasing Guide reflects the changes made to the SIS Sport, Fitness and Recreation Release 3.0. It includes 15 units related to equine activities.</p>
SIS Sport, Fitness and Recreation Training Package Release 1.0 & 2.0	25 January 2016	<p>The Victorian Purchasing Guide reflects the changes made to the SIS Sport, Fitness and Recreation Release 1.0 and 2.0. It includes qualifications and units in the following industry sectors:</p> <ul style="list-style-type: none"> <li>• Community Recreation</li> <li>• Cross Sector</li> <li>• Fitness</li> <li>• Sport and Recreation</li> </ul> <p>Please note: this Victorian Purchasing Guide only contains information on components within the SIS Sport, Fitness and Recreation Training Package. For information on components from the SIS10 Sport, Fitness and Recreation Training Package, please refer to the SIS10 Victorian Purchasing Guide.</p>

# SIS Sport, Fitness and Recreation Training Package Release 5.0 Victorian Purchasing Guide

## CONTENTS

---

<b>INTRODUCTION</b>	<b>2</b>
What is a Victorian Purchasing Guide?	2
Registration	2
Transition	2
<b>QUALIFICATIONS</b>	<b>3</b>
<b>UNITS OF COMPETENCY AND NOMINAL HOURS</b>	<b>4</b>
<b>CONTACTS AND LINKS</b>	<b>19</b>
<b>GLOSSARY</b>	<b>21</b>



## INTRODUCTION

### ***What is a Victorian Purchasing Guide?***

The Victorian Purchasing Guide provides information for use by Registered Training Organisations (RTOs) in the provision of Victorian government subsidised training.

Specifically the Victorian Purchasing Guide provides the following information related to the delivery of nationally endorsed Training Packages in Victoria:

- The maximum and minimum payable hours available for each qualification.
- Nominal hours for each unit of competency within the Training Package.

### ***Registration***

RTOs must be registered by either the Victorian Registration and Qualifications Authority (VRQA) or the Australian Skills Qualification Authority (ASQA) regulatory body to be eligible to issue qualifications and Statements of Attainment under the Australian Qualifications Framework (AQF).

The VRQA is the regulatory authority in Victoria responsible for the registration of Vocational Education and Training (VET) providers who offer courses to domestic students in Victoria only.

ASQA is the regulatory authority responsible for the registration of VET providers who offer training in Victoria, nationally and / or internationally.

### ***Transition***

The relationship between new units and any superseded or replaced units from the previous version of **SIS Sport, Fitness and Recreation Training Package Release 5.0** is provided in the Training Package Companion Volume Implementation Guide. (See [Companion Volumes](#) for more information).

Information regarding transition arrangements can be obtained from the state or national VET Regulatory Authority (see Contacts and Links section).

RTOs must ensure that all training and assessment leading to issuance of qualifications or Statements of Attainment from the **SIS Sport, Fitness and Recreation Training Package Release 5.0** is conducted against the Training Package units of competency and complies with the assessment requirements.



## QUALIFICATIONS

Code	Title	Minimum Payable Hours	Maximum Payable Hours
SIS10115	Certificate I in Sport and Recreation	160	168
SIS20115	Certificate II in Sport and Recreation	266	280
SIS20221	Certificate II in Sport - Developing Athlete	264	278
SIS20321	Certificate II in Sport Coaching	231	243
SIS20419	Certificate II in Outdoor Recreation	276	290
SIS30115	Certificate III in Sport and Recreation	385	405
SIS30321	Certificate III in Fitness	651	685
SIS30421	Certificate III in Sport - Athlete	323	340
SIS30521	Certificate III in Sport Coaching	416	438
SIS30619	Certificate III in Outdoor Leadership	829	873
SIS31015	Certificate III in Aquatics and Community Recreation	329	346
SIS40115	Certificate IV in Sport and Recreation	601	633
SIS40221	Certificate IV in Fitness	955	1005
SIS40321	Certificate IV in Sport Coaching	416	438
SIS40421	Certificate IV in Sport Development	556	585
SIS40621	Certificate IV in Outdoor Leadership	1031	1085
SIS50115	Diploma of Sport and Recreation Management	1192	1255
SIS50321	Diploma of Sport	722	760
SIS50421	Diploma of Outdoor Leadership	1392	1465



## UNITS OF COMPETENCY AND NOMINAL HOURS

Unit Code	Unit Title	Nominal Hours
SISCAQU001	Test pool water quality	5
SISCAQU002	Perform basic water rescues	10
SISCAQU003	Maintain aquatic facility plant and equipment	20
SISCAQU004	Develop and implement pool water maintenance procedures	20
SISCAQU005	Develop and implement aquatic facility maintenance procedures	20
SISCAQU006	Supervise clients in aquatic locations	15
SISCAQU007	Perform advanced water rescues	20
SISCAQU008	Instruct water familiarisation, buoyancy and mobility skills	20
SISCAQU009	Instruct water safety and survival skills	20
SISCAQU010	Instruct swimming strokes	20
SISCAQU011	Promote development of infants and toddlers in an aquatic environment	10
SISCAQU012	Assist participants with a disability during aquatic activities	10
SISCAQU014	Operate self-contained breathing apparatus in an aquatic facility	20
SISCCRD001	Facilitate community recreation initiatives	60
SISCCRO001	Plan and conduct recreation programs for older persons	40
SISFFIT032	Complete pre-exercise screening and service orientation	20
SISFFIT033	Complete client fitness assessments	30
SISFFIT034	Assess client movement and provide exercise advice	40
SISFFIT035	Plan group exercise sessions	60
SISFFIT036	Instruct group exercise sessions	80



Unit Code	Unit Title	Nominal Hours
SISFFIT037	Develop and instruct group movement programs for children	80
SISFFIT038	Plan group water-based exercise sessions	30
SISFFIT039	Instruct group water-based exercise sessions	40
SISFFIT040	Develop and instruct gym-based exercise programs for individual clients	50
SISFFIT041	Develop personalised exercise programs	70
SISFFIT042	Instruct personalised exercise sessions	70
SISFFIT043	Develop and instruct personalised exercise programs for body composition goals	50
SISFFIT044	Develop and instruct personalised exercise programs for older clients	75
SISFFIT045	Develop and instruct personalised exercise programs for adolescent clients	90
SISFFIT046	Plan and instruct online exercise sessions	60
SISFFIT047	Use anatomy and physiology knowledge to support safe and effective exercise	100
SISFFIT048	Use anatomy and physiology knowledge to support safe and effective water-based exercise	80
SISFFIT049	Use exercise science principles in fitness instruction	60
SISFFIT050	Support exercise behaviour change	55
SISFFIT051	Establish and maintain professional practice for fitness instruction	60
SISFFIT052	Provide healthy eating information	55
SISFFIT053	Support healthy eating for individual fitness clients	70
SISOABL001	Lead adventure-based learning activities	50
SISOABL002	Facilitate adventure-based learning activities	50





Unit Code	Unit Title	Nominal Hours
SISOABL003	Design adventure-based learning programs	60
SISOABS001	Abseil single pitches using fundamental skills	20
SISOABS002	Abseil single pitches, artificial surfaces	20
SISOABS003	Abseil single pitches, natural surfaces	40
SISOABS004	Abseil multi pitches, natural surfaces	40
SISOABS005	Establish ropes for single pitch abseiling on artificial surfaces	25
SISOABS006	Establish ropes for single pitch abseiling on natural surfaces	45
SISOABS007	Establish ropes for multi pitch abseiling on natural surfaces	40
SISOABS008	Lead single pitch abseiling activities on artificial surfaces	50
SISOABS009	Lead single pitch abseiling activities on natural surfaces	50
SISOABS010	Lead multi pitch abseiling activities on natural surfaces	50
SISOARC001	Lead archery sessions	40
SISOBWG001	Bushwalk in tracked environments	20
SISOBWG002	Bushwalk in difficult tracked environments	50
SISOBWG003	Bushwalk in extremely difficult tracked and untracked environments	70
SISOBWG004	Cross rivers during bushwalks	20
SISOBWG005	Lead bushwalks in tracked environments	50
SISOBWG006	Lead bushwalks in difficult tracked environments	70
SISOBWG007	Lead bushwalks in extremely difficult tracked and untracked environments	80
SISOCAY001	Traverse canyons	40
SISOCAY002	Abseil in easy to intermediate canyons	20
SISOCAY003	Abseil in intermediate to advanced canyons	25



Unit Code	Unit Title	Nominal Hours
SISOCAY004	Establish ropes and belays for abseils in easy to intermediate canyons	25
SISOCAY005	Establish ropes and belays for abseils in intermediate to advanced canyons	25
SISOCAY006	Lead canyoning activities, easy to intermediate canyons	50
SISOCAY007	Lead canyoning activities, intermediate to advanced canyons	70
SISOCHC001	Lead challenge course sessions, low elements	35
SISOCHC002	Set up and supervise challenge course sessions, low elements	25
SISOCHC003	Lead challenge course sessions, high elements	50
SISOCHC004	Set up and supervise challenge course sessions, high elements	35
SISOCHC005	Manage challenge course	80
SISOCLM001	Top rope climb single pitches, artificial surfaces	20
SISOCLM002	Top rope climb single pitches, natural surfaces	40
SISOCLM003	Lead climb single pitches, natural surfaces	45
SISOCLM004	Lead climb multi pitches, natural surfaces	40
SISOCLM005	Establish belays for single pitch climbing on artificial surfaces	15
SISOCLM006	Establish belays for single pitch climbing on natural surfaces	45
SISOCLM007	Establish belays for multi pitch climbing on natural surfaces	30
SISOCLM008	Lead single pitch climbing activities on artificial surfaces, top rope climbing	45
SISOCLM009	Lead single pitch climbing activities on natural surfaces, top rope climbing	45
SISOCLM010	Lead single pitch climbing activities on natural surfaces, lead climbing	70
SISOCLM011	Lead multi pitch climbing activities on natural surfaces, lead climbing	80



Unit Code	Unit Title	Nominal Hours
SISOCNE001	Paddle a craft using fundamental skills	40
SISOCNE002	Paddle a canoe on inland flatwater	45
SISOCNE003	Paddle a canoe on moving water up to grade 1 rivers	40
SISOCNE004	Paddle a canoe on grade 2 rivers	50
SISOCNE005	Lead canoeing activities on inland flatwater	60
SISOCNE006	Lead canoeing activities on moving water up to grade 1 rivers	70
SISOCNE007	Lead canoeing activities on grade 2 rivers	70
SISOCVE001	Traverse caves	45
SISOCVE002	Descend and ascend ladders in caves	15
SISOCVE003	Abseil single pitches in caves	20
SISOCVE004	Descend and ascend single ropes in caves	20
SISOCVE005	Establish ropes, ladders and belays for caving	35
SISOCVE006	Lead caving activities	70
SISOCYT001	Set up, maintain and repair bicycles	20
SISOCYT002	Ride bicycles on roads and pathways, easy conditions	20
SISOCYT003	Ride bicycles on roads, up to moderate terrain and heavy traffic	20
SISOCYT004	Ride off road bicycles on easy trails	20
SISOCYT005	Ride off road bicycles on intermediate trails	40
SISOCYT006	Lead cycling activities on roads and pathways, easy conditions	40
SISOCYT007	Lead cycling activities on roads, up to moderate terrain and heavy traffic	50
SISOCYT008	Lead off road cycling activities on easy trails	50
SISOCYT009	Lead off road cycling activities on intermediate trails	70



Unit Code	Unit Title	Nominal Hours
SISODRV001	Drive AWD/4WD vehicles on unsealed roads	25
SISODRV002	Lead four wheel driving activities	80
SISOEQU001	Handle horses	25
SISOEQU002	Ride horses using fundamental skills	30
SISOEQU003	Ride horses on tracked trail rides	25
SISOEQU004	Ride horses on untracked trail rides	30
SISOEQU005	Guide horse trail rides in tracked areas	50
SISOEQU006	Guide horse trail rides in untracked areas	40
SISOEQU007	Instruct horse handling skills	40
SISOEQU008	Instruct fundamental horse riding skills	60
SISOEQU009	Instruct the advancement of recreational horse riding skills	40
SISOEQU010	Identify hazards, assess and control safety risks for horse handling and riding activities	30
SISOEQU011	Manage horse illness and injury in remote areas	20
SISOEQU012	Assess horses for sport or recreational performance	40
SISOEQU013	Condition horses for sport or recreational performance	50
SISOEQU014	Determine nutritional requirements for sport or recreational horses	40
SISOEQU015	Acquire and educate horses for sport or recreational programs	80
SISOFLD001	Assist in conducting recreation sessions	30
SISOFLD002	Minimise environmental impact	15
SISOFLD003	Select, set up and operate a temporary or overnight site	25
SISOFLD004	Provide first aid in remote locations	45
SISOFLD005	Navigate waterway courses	35



Unit Code	Unit Title	Nominal Hours
SISOFLD006	Navigate in tracked environments	30
SISOFLD007	Navigate in difficult tracked environments	40
SISOFLD008	Navigate in extremely difficult tracked and untracked environments	50
SISOFSH001	Locate, attract and catch fish	15
SISOFSH002	Select and catch bait	20
SISOFSH003	Select and rig tackle outfits	15
SISOFSH004	Lead fishing activities	70
SISOKYK001	Paddle a kayak on inland flatwater	45
SISOKYK002	Paddle a kayak on moving water up to grade 1 rivers	40
SISOKYK003	Paddle a kayak on grade 2 rivers	40
SISOKYK004	Paddle a kayak on grade 3 rivers	50
SISOKYK005	Lead kayaking activities on inland flatwater	60
SISOKYK006	Lead kayaking activities on moving water up to grade 1 rivers	70
SISOKYK007	Lead kayaking activities on grade 2 rivers	70
SISOKYK008	Lead kayaking activities on grade 3 rivers	70
SISOKYS001	Paddle a sea kayak in enclosed waters	30
SISOKYS002	Paddle a sea kayak in sheltered coastal waters	30
SISOKYS003	Paddle a sea kayak in exposed coastal waters	40
SISOKYS004	Lead sea kayaking activities in enclosed waters	50
SISOKYS005	Lead sea kayaking activities in sheltered coastal waters	70
SISOKYS006	Lead sea kayaking activities in exposed coastal waters	70
SISOPLN001	Finalise operation of outdoor recreation activities	40



Unit Code	Unit Title	Nominal Hours
SISOPLN002	Plan outdoor activity sessions	50
SISOPLN003	Develop outdoor recreation programs	60
SISOPLN004	Identify hazards, assess and control risks for outdoor recreation activities	50
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities	45
SISOPLN006	Plan for minimal environmental impact	35
SISOPLN007	Manage risk for outdoor programs	65
SISOPWC001	Ride personal watercraft in smooth water conditions	30
SISOPWC002	Ride personal watercraft in slight water conditions	25
SISOPWC003	Lead personal water craft activities in smooth water conditions	50
SISOPWC004	Lead personal water craft activities in slight water conditions	50
SISORAF001	Guide a raft on grade 2 rivers	60
SISORAF002	Guide a raft on grade 3 rivers	80
SISORAF003	Guide a raft on grade 4 rivers	80
SISORAF004	Lead rafting activities on grade 2 rivers	80
SISORAF005	Lead rafting activities on grade 3 rivers	80
SISORAF006	Lead rafting activities on grade 4 rivers	90
SISORSC001	Conduct search and rescue	35
SISORSC002	Perform vertical rescues	40
SISORSC003	Perform complex vertical rescues	50
SISORSC004	Self rescue in white water	35
SISORSC005	Rescue others in white water	35



Unit Code	Unit Title	Nominal Hours
SISORSC006	Lead and participate in complex white water rescues	50
SISORSC007	Perform basic surf rescues	25
SISOSAI001	Sail small boats in smooth water and light to moderate wind conditions	30
SISOSAI002	Sail small boats in partially smooth water and moderate to fresh wind conditions	30
SISOSAI003	Sail small boats in open coastal waters and moderate wind conditions	35
SISOSAI004	Lead sailing activities in smooth water and light to moderate wind conditions	60
SISOSAI005	Lead sailing activities in partially smooth water and moderate to fresh wind conditions	60
SISOSAI006	Lead sailing activities in open coastal waters and moderate wind conditions	70
SISOSCB001	SCUBA dive in open water to a maximum depth of 18 metres	60
SISOSCB002	SCUBA dive from boats	40
SISOSCB003	SCUBA dive at night	40
SISOSCB004	Navigate prescribed routes underwater	30
SISOSCB005	Complete underwater search and recovery dives	45
SISOSCB006	Perform diver rescues	50
SISOSCB007	Inspect and fill SCUBA cylinders	15
SISOSCB008	SCUBA dive using Enriched Air Nitrox	30
SISOSCB009	SCUBA dive to depths between 18 and 40 metres	40
SISOSCB010	Lead SCUBA diving activities	70
SISOSCB011	Lead specialised SCUBA diving activities	70
SISOSKT001	Ski on easy cross country terrain	50



Unit Code	Unit Title	Nominal Hours
SISOSKT002	Ski on intermediate cross country terrain	80
SISOSKT003	Use snow craft skills for alpine touring	40
SISOSKT004	Lead skiing activities on easy cross country terrain	70
SISOSKT005	Lead skiing activities on intermediate cross country terrain	80
SISOSNK001	Snorkel	20
SISOSNK002	Lead snorkelling activities	40
SISOSRF001	Surf small waves using basic manoeuvres	20
SISOSRF002	Surf waves using intermediate manoeuvres	20
SISOSRF003	Surf waves using advanced manoeuvres	40
SISOSRF004	Lead surfing activities, small waves and basic manoeuvres	40
SISOSRF005	Lead surfing activities, intermediate manoeuvres	40
SISOSRF006	Lead surfing activities, advanced manoeuvres	70
SISOSUP001	Paddle a stand up board on inland flatwater	20
SISOSUP002	Paddle a stand up board in small waves	20
SISOSUP003	Paddle a stand up board in sheltered coastal waters	25
SISOSUP004	Lead stand up paddle boarding activities on inland flatwater	40
SISOSUP005	Lead stand up paddle boarding activities on small waves	40
SISOSUP006	Lead stand up paddle boarding activities in sheltered coastal waters	50
SISOWIN001	Windsurf in smooth water and light wind conditions	20
SISOWIN002	Lead windsurfing activities in smooth water and light wind conditions	40
SISSAFL001	Participate in Australian Football at an intermediate level	40
SISSAFL002	Participate in Australian Football at an advanced level	40





Unit Code	Unit Title	Nominal Hours
SISSATH001	Conduct athletics coaching sessions with foundation level participants	45
SISSBSB001	Conduct basketball coaching sessions with foundation level participants	50
SISSBSB002	Coach basketball participants up to an intermediate level	60
SISSCKT001	Participate in cricket at an intermediate level	40
SISSCKT002	Participate in cricket at an advanced level	40
SISSEQS001	Coach individual participants in the introduction of equestrian activities	60
SISSEQS002	Coach unofficial local competition competitors in equestrian	45
SISSEQS003	Coach official national competition participants in equestrian	80
SISSGLF001	Coach advanced level golfers	45
SISSGLF002	Participate in golf at an intermediate level	40
SISSGLF003	Participate in golf at an advanced level	40
SISSGLF004	Fit and alter golf equipment	30
SISSGLF005	Manage the structure and facilitation of golf competitions and tournaments	30
SISSGLF006	Participate in high performance golf tournaments	30
SISSGLF007	Manage on-course golf operations	30
SISSNTB001	Conduct netball coaching sessions with foundation level participants	50
SISSNTB002	Participate in netball at an intermediate level	40
SISSPAR001	Participate in sport at an intermediate level	40
SISSPAR002	Participate in sport at an advanced level	40
SISSPAR003	Follow specialist dietary advice	20



Unit Code	Unit Title	Nominal Hours
SISSPAR004	Book athlete travel and accommodation	20
SISSPAR005	Develop athlete personal brand	25
SISSPAR006	Prepare and present athlete sponsorship proposals	10
SISSPAR007	Work as an athlete	50
SISSPAR008	Maintain personal wellbeing as an athlete	15
SISSPAR009	Participate in conditioning for sport	30
SISSRGL001	Conduct Rugby League coaching sessions with foundation level participants	50
SISSRGL002	Participate in Rugby League at an intermediate level	40
SISSSCO001	Conduct sport coaching sessions with foundation level participants	50
SISSSCO002	Work in a community coaching role	30
SISSSCO003	Meet participant coaching needs	70
SISSSCO004	Plan, conduct and review coaching programs	70
SISSSCO005	Continuously improve coaching skills and knowledge	35
SISSSCO006	Implement sport selection policies and procedures	20
SISSSCO007	Apply sport psychology principles	35
SISSSCO008	Apply anti-doping policies	25
SISSSCO009	Work collaboratively with others in a sport environment	15
SISSSCO010	Implement sport talent identification programs	20
SISSSCO011	Manage integrity in sport	70
SISSSCO012	Coach sport participants up to an intermediate level	60
SISSSCO013	Coach sport participants up to an advanced level	45
SISSSCO014	Develop sport coaches	45



Unit Code	Unit Title	Nominal Hours
SISSSCO015	Prepare participants for sport competition	35
SISSSCO016	Coach participants in sport competition	40
SISSSOF001	Work as an official in sport	40
SISSSOF002	Continuously improve officiating skills and knowledge	20
SISSSOF003	Officiate sport competitions	50
SISSSPT001	Implement sport injury prevention and management strategies	60
SISSSQU001	Conduct squash coaching sessions with foundation level participants	50
SISSSUR001	Conduct surf life saving coaching sessions with foundation level participants	25
SISSSWM001	Coach swimmers up to a competitive level	60
SISSSWM002	Coach swimmers up to a high performance level	45
SISSSWM003	Coach swimmers up to an elite level	80
SISSTNS001	Coach junior players in tennis	60
SISSTNS002	Coach intermediate players in tennis	45
SISSTOU001	Participate in Touch at an intermediate level	40
SISSTPB001	Conduct tenpin bowling coaching sessions with foundation level participants	50
SISVOL001	Coach volleyball participants up to an intermediate level	60
SISXADM001	Organise and supervise participant travel	15
SISXCAI001	Provide equipment for activities	10
SISXCAI002	Assist with activity sessions	15
SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions	20
SISXCAI004	Plan and conduct programs	35



Unit Code	Unit Title	Nominal Hours
SISXCAI005	Conduct individualised long-term training programs	60
SISXCAI006	Facilitate groups	25
SISXCAI007	Assist with activities not requiring equipment	10
SISXCAI008	Plan, conduct and review training and recovery programs	75
SISXCAI009	Instruct strength and conditioning techniques	60
SISXCAI010	Develop strength and conditioning programs	30
SISXCCS001	Provide quality service	25
SISXCCS002	Coordinate client service activities	40
SISXCCS003	Address client needs	10
SISXDIS001	Facilitate inclusion for people with a disability	20
SISXDIS002	Plan and conduct disability programs	40
SISXEMR001	Respond to emergency situations	18
SISXEMR002	Coordinate emergency responses	20
SISXFAC001	Maintain equipment for activities	5
SISXFAC002	Maintain sport, fitness and recreation facilities	14
SISXFAC003	Implement facility maintenance programs	7
SISXFAC004	Coordinate facility and equipment acquisition and maintenance	40
SISXFAC005	Manage stock supply and purchase	20
SISXFIN001	Develop and review budgets for activities or projects	20
SISXFIN002	Process financial transactions	15
SISXHRM001	Recruit and manage volunteers	35
SISXICT001	Select and use technology for sport, fitness and recreation work	45



Unit Code	Unit Title	Nominal Hours
SISXIND001	Work effectively in sport, fitness and recreation environments	25
SISXIND002	Maintain sport, fitness and recreation industry knowledge	30
SISXIND003	Maintain legal knowledge for organisation governance	80
SISXIND004	Analyse participation patterns	20
SISXIND005	Coordinate work teams or groups	35
SISXIND006	Conduct sport, fitness or recreation events	55
SISXIND007	Develop and implement participation strategies	40
SISXIND008	Manage legal compliance in sport and recreation	40
SISXIND009	Respond to interpersonal conflict	20
SISXIND010	Protect children and young people	40
SISXMGT001	Develop and maintain stakeholder relationships	20
SISXRES001	Conduct sustainable work practices in open spaces	60
SISXRES002	Educate user groups	25



## CONTACTS AND LINKS

<b>Curriculum Maintenance Manager (CMM)</b>		
CMM Human Services	<p>The CMM Service is provided on behalf of Higher Education and Skills.</p> <p>CMM Service Executive Officers can assist with questions on payable and nominal hours.</p>	<p>Name Autumn Shea Address: Swinburne University of Technology, PO Box 218, Hawthorn VIC 3122 Phone: (03) 9214 8501/5034 Email: <a href="mailto:cmmhs@swin.edu.au">cmmhs@swin.edu.au</a></p>
<b>Service Skills Organisation (SSO)</b>		
SkillsIQ	<p>This SSO is responsible for developing this <b>SIS Sport, Fitness and Recreation Training Package</b> and can be contacted for further information.</p>	<p>Phone: (02) 9392 8100 Email: <a href="mailto:enquiries@skillsiq.com.au">enquiries@skillsiq.com.au</a> See <a href="#">SkillsIQ website</a> for more information.</p>
<b>National Register for VET in Australia</b>		
Training.gov.au (TGA)	<p>TGA is the Australian government's official National Register of information on Training Packages, qualifications, courses, units of competency and RTOs.</p>	<p>See the <a href="#">National Register</a> for more information.</p>
<b>Australian Government</b>		
Department of Education, Skills and Employment	<p>The Commonwealth Department is responsible for national policies and programmes that help Australians access quality vocational education and training.</p>	<p>See the <a href="#">Commonwealth Department of Education, Skills and Employment website</a> for more information.</p>
<b>State Government</b>		
Department of Education and Training (DET)	<p>DET is the State Training Authority responsible for supporting implementation of Vocational Education and Training (VET) in Victoria.</p>	<p>(03) 9637 2000 See the <a href="#">Victorian Department of Education and Training website</a> for more information.</p>
<b>National VET Regulatory Authority</b>		
Australian Skills Quality Authority (ASQA)	<p>ASQA is the national regulator for Australia's VET sector.</p>	<p>Info line: 1300 701 801 See the <a href="#">ASQA website</a> for more information.</p>
<b>Victorian State VET Regulatory Authority</b>		
Victorian Registration and Qualifications Authority (VRQA)	<p>The VRQA is a statutory authority responsible for the registration and regulation of Victorian RTOs and for the</p>	<p>(03) 9637 2806 See the <a href="#">VRQA website</a> for more information.</p>



	regulation of apprenticeships and traineeships in Victoria.	
<b>Industry Regulatory Bodies</b>		
WorkSafe Victoria	<p>Work health and safety regulator.</p> <p>WorkSafe needs to provide written verification before High Risk Work Units can be added to an RTO's scope of registration.</p> <p>Refer to Worksafe website for work health and safety information.</p>	<p>Info line: 1800 136 089</p> <p>See the <a href="#">WorkSafe Victoria website</a> for more information</p>



## GLOSSARY

<b>Code</b>	Nationally endorsed Training Package qualification code.
<b>Title</b>	Nationally endorsed Training Package qualification title.
<b>Unit Code</b>	Nationally endorsed Training Package unit code.
<b>Unit Title</b>	Nationally endorsed Training Package unit title.
<b>Maximum Payable Hours</b>	<p>The maximum number of hours the Victorian Government will subsidise under Skills First funding for the achievement of the minimum realistic vocational outcome of the qualification, as determined by the qualification packaging rules. The Maximum Payable Hours do not cover every possible combination of core and elective units available for a specific qualification.</p> <p>Minimum payable hours reflect a calculated minimum number of hours that could deliver a minimum realistic vocational outcome, based on efficiencies of contextualisation and integration.</p>
<b>Scope of Registration</b>	Scope of registration specifies the AQF qualifications and/or units of competency the training organisation is registered to issue and the industry training and/or assessment services it is registered to provide.
<b>Nominal Hours</b>	Nominal hours reflect the anticipated time taken to deliver and assess the outcomes of a unit of competency excluding unsupervised delivery or the time taken for repeated practical application of skills. Nominal hours are determined by the Victorian State Training Authority (DET) and are primarily developed for funding purposes in Victoria.