

Kaleidoscope Manual

RESOURCE LIST

Resources for School Staff

- *Affirming Diversity: An Educational Resource on Gay, Lesbian and Bisexual Orientations* by Auckland Education Unit, New Zealand Family Planning Association, 1994.
- *Blockout: Challenging Homophobia Education Training Manual* by Youth Sector Training Council of South Australia, 1994.
- *Catching On: STD/HIV Prevention Education Project* by Victorian DEET, 2004.
- *Clearing The Way: Supporting Young People With Same Sex Attractions And Reducing Suicidal Risk* by Anthony Aris, Gay and Lesbian Counselling Service of W.A., 1998.
- *Community Matters. Working With Diversity and Wellbeing.* Part of the Mind Matters Resources by the Commonwealth Department of Health and Aged Care, National Mental Health Strategy, 2001. www.curriculum.edu.au/mindmatters
- *Creating Safe Schools: the Role of Partnerships Between Parents and Schools in Supporting Sexual and Gender Diversity* by SSAFE, Family Planning Victoria, 2003.
- *Doing New Work: Materials For Queer Teachers and Youth Workers.* Compiled by Michael Crowhurst and Mic Emslie, December 2003, Youth Research Centre, University of Melbourne.
- *Don't Ask, Don't Tell; Hidden In The Crowd: The Need for Documenting Links Between Sexuality and Suicidal Behaviours Among Young People* by ARCSHS, La Trobe University, 2003.
- *It's Just Easier: The Internet As A Safety Net For Same Sex Attracted Young People* by Australian Research Centre In Sex, Health and Society, (ARCSHS) La Trobe University, 2001.
- *Health and Sexual Diversity: A Health and Wellbeing Action Plan For Gay, Lesbian, Bisexual, Transgender and Intersex (GLBTI) Victorians,* by the Ministerial Advisory Committee on Gay and Lesbian Health, Department of Human Services, Victoria, 2003.
- *Out In The Family: A Manual For Facilitators Working With Same Sex Attracted And Gender Non-Conforming Young People* by Ian Seal, Family Planning Victoria, 2003.
- *Out With Homophobia* by Family Planning Queensland, 1999.
- *Pride and Prejudice,* a sexual diversity and training program for students by Daniel Witthaus. Available from Moonee Valley Youth Services or www.prideandprejudice.com.au
- *Same-Sex Attracted Friendly Environments (SSAFE) in Schools: A whole School Resource Implementing a comprehensive Approach To Supporting Same Sex Attracted Students and Challenging Homophobia,* by Family Planning Victoria, 2003.
- *SSAFE website:* www.ssafeschools.org.au
- *Safety In Our Schools: Strategies for Responding To Homophobia* by ARCSHS, La Trobe University, 2001
- *STEP Manual: An Educational Resource for Those Working with Indigenous, Refugee and Same Sex Attracted Young People,* by The Victorian Child and Adolescent Mental Health Promotion Officers, 2001.
- *Student Wellbeing Policy – Framework for Student Support Services in Victorian Government Schools,* Department of Education and Training.
www.sofweb.vic.edu.au/wellbeing/welfare/framework.htm
- *Suicide Intervention Handbook* by Living Works 1999. Australian edition published in association with Lifeline Australia Inc. and given out on completion of Lifeline ASSIST course.
- Schools and policy information can be found at <http://www.tln.org.au/resources/queer.htm>
- *Talking Sexual Health: A teaching and learning resource for secondary schools.* Implementing the National Framework for Education about STIs, HIV/AIDS and Blood-borne Viruses in Secondary Schools by Debbie Ollis and Anne Mitchell, ARCSHS, 2001.

- *What's The Difference: Health Issues of Major Concern to Gay, Lesbian, Bisexual, Transgender and Intersex (GLBTI) Victorians* by the Ministerial Advisory Committee on Gay and Lesbian Health, Department of Human Services, Victoria, 2002.
www.dhs.vic.gov.au/phd/macglh/downloads/difference.pdf
- *We're Here – A Resource For Child Care Workers* by The Lesbian Parents' Play Group. Funded by City of Darebin. Purchase from Northcote Community Health Centre, 9489 1388.
- *Writing Themselves In: A National Report on the Sexuality, Health and Well-Being of Same Sex Attracted Young People* by Australian Research Centre in Sex, Health and Society, (ARCSHS) La Trobe University, 1998.www.latrobe.edu.au/arcsHS/Reports/Writing%20Themselves%20In.pdf
- *Yes You Are: A Guide To Educating Young People And Adults About Healthy Relationships, Sexual Diversity And anti-homophobia* by FPA Health, 2000.
- *Young People and Sexualities: Experiences, Perspectives and Service Provision*. Compiled by Michael Crowhurst and Mic Emslie, Youth Research Centre, University of Melbourne, Jan. 2000.
- Video: *It's Elementary*, for primary school teachers about inclusion of children with lesbian or gay parents. www.info@heathcliff.com.au
- Video: *Both My Moms' Names Are Judy – Children of Lesbians And Gays Speak Out*. 1994. 10 minute video for primary school children, their teachers and parents. Contact Lesbian and Gay Parents Association c/-6705 California St#1, San Francisco, CA 94121 or email Igpasf@aol.com
- Video: *Just One Day*. 2000. 20 minute video for secondary students and teachers about same sex attracted young people. Phone Moreland Community Health Service, Yglam Theatre and Video Project, 03 9350 4000
- Video: *Homophobia Exposed*, (10 minutes) by Wayout: Central Victorian Youth and Sexual Diversity Project at Cobaw Community Health Service, Kyneton. Phone 5422 3011.
- Video: *Dealing With Homophobia: Safety In Our Schools* by Media Australia (26 minutes)
- Video: *Out In The Bush*. An Australian documentary about adolescents and homophobia in country areas. By George Willison, 1997. (35 minutes).

Professional Development Training

- *Safety In Our Schools: A whole school approach to responding to homophobia*. One day training held at your school. Contact Australian Research Centre In Sex, Health And Society, (ARCSHS) La Trobe University 9258 5125 or email Sylvia at S.Azzopardi@latrobe.edu.au (Currently, in 2004/2005, this training is not being offered due to funding limitations).
- *Talking Sexual Health*. Two day training held at ARCSHS, LaTrobe City Campus. Contact Anne Mitchell at ARCSHS, 9258 5125. (Currently, in 2004/2005, this training is not being offered due to funding limitations). Also held at Family Planning Victoria in Boxhill. Phone their education team on 9257 0133. www.fpv.org.au
- *STEP Training* for schools and workers with young people. Contact your local Mental Health Promotion Officer at your nearest CAMHS – Child and Adolescent Mental Health Service.
- *Pride and Prejudice* Training. One or Two Days. Phone Daniel Witthaus or Carol Espinozza at Moonee Valley City Council, Youth Services: 9243 8888. www.prideandprejudice.com.au

Resources for SSA Adolescents

- *Am I Blue? Coming Out From The Silence* edited by Marion Dane Bauer. Harper Collins, 1995.
- *ALSORTS: A Sexuality Awareness Resource Booklet* from the ALSO Foundation.
www.also.org.au/alsorts (03)9827 4999
- *A Friend's Farewell* by Maria Pallotta-Chiarolli. Wakefield Press, South Australia, reprinted in 2002.
- *Dare Truth or Promise*, by Paula Broch. Hyland House, South Melbourne, 1998.
- *Family Outing* by Chastity Bono, (daughter of Cher) USA reprinted 1999

- *Holding The Man* by Timothy Conigrave, Melbourne, 1995
- *Inside Out: An Australian Collection of Coming Out Stories* edited by Erin Shale, Bookman Press, Melbourne, 1999.
- *Lesbians Need Pap Smears Too*. Brochure for SSA young women. Anti Cancer Council of Victoria. (03)9635 5000
- *My Friend is Gay: A Peer Group Support Resource* by the Pride and Diversity Project, 2004, Monash Youth and Family Services.
- *Purple Bus Magazine: for girls who like girls, boys who like boys and people who like both*, by Knox Youth Services. www.geocities.com/purplebusstop
- *Someone You Know* by Maria Pallotta –Chiarolli. Reprinted 2003
- *The Hormone Factory*. For children aged 10-12 years with information on same sex attraction. Developed by ARCSHS. www.thehormonefactory.com
- *Two Weeks With The Queen* by Morris Gleitzman. Puffin, Ringwood, Victoria, 1993. Aimed at 11-14 year olds.
- Video: *Billy Elliot*.
- Website: www.gaylesbianyouth.info This is Kaleidoscope's website.
- Website: www.likeitis.org Information for young people on all aspects of teenage life and sex education, including sexuality.
- Website: www.mogenic.com An American SSA youth website where young people can interact.

Resources for Same Sex Attracted Youth with Disabilities

- *Four Stories: For People Under 25 With Disabilities*. Includes a story of two lesbian young women with disabilities in a relationship. Available from Family Planning New Zealand, phone +644 384 4349.
- Video: *Piece By Piece*. Sex education using life size puppets. Includes information on gay and lesbian sex. Available to borrow from Family Planning Victoria, Box Hill. Phone 9257 0146
- Video: *Feeling Sexy Feeling Safe*: Sex education video including safe sex for same sex couples. Available to borrow from Family Planning Victoria, Box Hill. 9257 0146
- Video: *Teenagers Guide To The Galaxy: Boys, Girls And Sex*. Covers sex, relationships, sexual health, negotiation and discussion about homosexuality. Family Planning Victoria. Box Hill.
- Video: *Men And Their Mates*. Safe sex including a scene between two young men. Co-Care Moreland Community Health Centre, (03) 9355 9977

Primary School Aged Children

- *A Beach Party With Alexis* by Sarita Johnson-Calvo. A colouring book. Published by Alyson Wonderland, 1993. For 4-9 year olds.
- *The Duke Who Outlawed Jelly Beans (and other stories)* by Johnny Valentine. Published by Alyson Wonderland, 1991. Ages 5-10 years.
- *The Day They Put A Tax On Rainbows* by Johnny Valentine. Published by Alyson Wonderland, 1992. Ages 5-10 years.
- *The Hormone Factory* by Australian Research Centre in Sex, Health and Society. Find it at www.thehormonefactory.com
- *Zack's Story: Growing Up With Same Sex Parents* by Keith Elliot Greenberg. 1996. Ages 8-12 years.
- Video: *Both My Moms' Names Are Judy* – Children of Lesbians And Gays Speak Out. 1994. 10 minute video for primary school children, their teachers and parents. Contact Lesbian and Gay Parents Association c/-6705 California St#1, San Francisco, CA 94121 or email Igpasf@aol.com
- *Where Did I Really Come From? Sexual Intercourse, DI, IVF, GIFT, Pregnancy, Birth, Adoption and Surrogacy* by Narelle Wickham, 1992. For 2-12 year olds.

Secondary School Aged Children

- *Get Used To It: Children of Gay and Lesbian Parents* by Myra Hauschild and Pat Rosier, 1999. Ages 12-adult.
- *Living Upside Down* by Kate Tym, 2003. Ages 14-18 years.
- Magazine: *Just for Us*. A resource by and for people with GLBT parents and their families, part of Colage (Children of Lesbians and Gays Everywhere). www.colage.org email collage@colage.org
- *Out Of The Ordinary: Essays On Growing up With Gay, Lesbian and Transgender Parents* edited by Noelle Howey and Ellen Samuels, 2003. For teenagers and young adults.

WHERE TO GET RESOURCES IN VICTORIA

Books

**Hares and Hyenas* bookshop, Fitzroy, specialises in books for and about gay, lesbian and transgender people. Check out their website for books and reviews. www.hares-hyenas.com.au ph 9495 6589

**Readings* bookshop, Carlton, Hawthorn, Malvern and Port Melbourne. www.readings.com.au

**Family Planning Victoria*, Boxhill, has a lending library as well as a bookshop. Phone 9257 0121 or 1800 013 952. www.fpv.org.au

**Living Solutions* bookshop, supplies resources about sexual diversity.

www.livingsolutionsbookshop.com.au

Videos

**Out Video* stocks videos and DVDs for the queer community. Email in@out.com.au, phone 03 9525 3669 or check out the website at www.out.com.au

Gay Paraphernalia (including rainbow stickers)

**Rainbow Warehouse*. Phone Louise or Judy on (03) 5248 3613. www.rainbowwarehouse.com.au

* *Australian Research Centre in Sex, Health and Society*, La Trobe University has posters. Phone 9285 5382.

Radio

*JOY Melbourne. Tune in to Joy 94.9 FM.

*3CR. Tune in to 855 AM.

TV

*Bent TV, Channel 31, Mondays at 11pm.