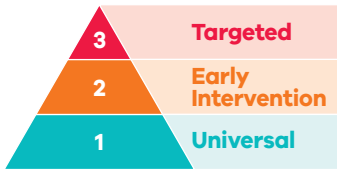


# Map of key mental health and wellbeing support



## This map sets out key mental health and wellbeing supports for students in Victorian government schools.

This is not an exhaustive list. Some supports may operate across more than one tier or differ according to local circumstance. For example in a special school, individual education plans may be developed for all students as a universal intervention.

## Wellbeing workforces are key to supporting student mental health and wellbeing across all three tiers.

### Key workforces include:

- [Health, Wellbeing and Inclusion Workforces](#) including [Student Support Services](#), psychologists, speech pathologists and social workers) and [primary and secondary school nurses](#).
- Primary welfare officers, student wellbeing coordinators, [Mental Health Practitioners](#) in secondary and specialist schools
- [Mental health and wellbeing coordinators](#) (expanding to all govt and low-fee primary schools)
- [Doctors in Secondary Schools](#).

Tier 1: Universal		Tier 2: Early intervention and cohort specific		Tier 3: Targeted	
<p>Positive mental health promotion to help schools to create a positive, inclusive and supportive school climate. Builds the preconditions for optimal student learning, development and wellbeing and forms a foundation for Tier 2 and Tier 3.</p>					
<p><b>Victorian Curriculum</b></p> <p>The Victorian Curriculum includes both knowledge and skills: Health and Physical Education, Personal and Social Capability and Intercultural Capability</p> <p>Schools are supported to deliver <a href="#">Resilience, Rights and Respectful Relationships</a></p>	<p><b>ORYGEN early intervention guide</b></p> <p>Practical one page guide to early intervention in youth mental health, for teachers and staff working with students. Schools are supported to deliver Resilience, Rights and Respectful Relationships</p>	<p><b>EARLY INTERVENTION: identify students with emerging or moderate mental health concerns.</b></p>	<p><b>Student Support Groups</b></p> <p>These consist of parents/carers, school staff, <a href="#">Student Support Services</a> staff and other allied health professionals as required and assist students with disabilities/vulnerabilities/barriers to engage in school</p>	<p><b>Behaviour Support Plans</b></p> <p>Developed with students, parents and allied health professionals, a school-based plan for students requiring additional support</p>	<p><b>Individual Education Plans</b></p> <p>A tool to assist in developing individualised strategies to support educational needs of students (required for students in OoHC, Youth Justice, <a href="#">Re-engagement Programs</a> and FLOs, Koorie students and students with disabilities)</p>
<p><b>High Impact Wellbeing Strategies</b></p> <p>HIWS are 7 practical, evidence-based strategies teachers can use that have a significant effect on student wellbeing.</p>	<p><b>Student check-in resource</b></p> <p>A screening tool teachers can use to efficiently identify students who may be at risk</p>	<p><b>SCHOOL FOCUSED YOUTH SERVICE</b></p> <p>Selected schools receive support for students from years 5-12 vulnerable to, or showing signs of school disengagement</p>	<p><b>Flexible Learning Options (FLO)</b></p> <p>FLOs may be appropriate for students whose needs are not being adequately met in mainstream school settings</p>	<p><b>Mental Health Support (in addition to SSS and school wellbeing staff)</b></p> <p>1:1 <a href="#">counselling for secondary students via the 26 headspace</a> centres and a dedicated phone counselling service for rural and remote students</p> <p><a href="#">headspace SAFEMinds and Suicide Risk Continuum Training</a></p> <p><a href="#">Be You Suicide Post-vention Toolkit</a></p> <p><a href="#">Suicide and self-harm and attempted suicide response</a> guidelines</p>	<p><b>Education Justice Initiative</b></p> <p>Reconnecting young people appearing before the Criminal Division of the Children's Court with supported educational pathways</p>
<p><b>Mental Health and Wellbeing Promotion</b></p> <p><a href="#">Mental Health and Wellbeing Toolkit</a> - advice on supporting student and staff mental health and wellbeing</p> <p><a href="#">School Mental Health Menu</a> - a list of evidence-based initiatives to help schools improve student mental health and wellbeing outcomes</p>	<p><b>School Breakfast Clubs program</b></p> <p>Offers free and healthy food for students in 1000 Victorian government schools</p>	<p><b>COHORT SPECIFIC SUPPORT: some cohorts must be provided with a range of supports, including an Individual Education Plan (IEP), Student Support Group (SSG) and for some a learning mentor and an Educational Needs Analysis (ENA).</b></p>	<p><b>Navigator</b></p> <p>Funded Community Service providers deliver intensive case management and assertive outreach to support young people to re-engage with education. Supports students 12-17 years old in all Areas and 10-11 years in pilots in selected areas.</p>	<p><b>Family Violence</b></p> <p>A range of supports are available to students, families and staff affected by family violence</p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>
<p><b>Respectful Relationships</b></p> <p>Support schools to promote and model respect and equality. It supports educators to teach children how to build healthy relationships, resilience and confidence</p>	<p><b>Students with disabilities</b></p> <p>School level <a href="#">Disability Inclusion (DI)</a> funding</p> <p>Individualised student funding through (PSD) and (DI)</p> <p><a href="#">Diverse Learners Hub</a> and <a href="#">Inclusive Outreach Coaches</a> supporting schools to meet the learning and wellbeing needs of all students</p>	<p><b>Students in Out-of-home Care (OoHC)</b></p> <p>The <a href="#">OoHC Care Education Commitment</a> has requirements for children in care to receive a Learning Mentor, SSG, IEP and ENA</p> <p>A <a href="#">LOOKOUT Education Support Centre</a> is in each region to support schools meet the needs of students in care</p>	<p><b>Education Justice Initiative</b></p> <p>Reconnecting young people appearing before the Criminal Division of the Children's Court with supported educational pathways</p>	<p><b>Family Violence</b></p> <p>A range of supports are available to students, families and staff affected by family violence</p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>
<p><b>Mental Health in Primary Schools</b></p> <p>Supports a whole-school approach to mental health and wellbeing for students, staff and families based on school community needs</p>	<p><b>Koorie students</b></p> <p><a href="#">Koorie Engagement Workforce</a> provides assistance in supporting Koorie students</p> <p>All Koorie students are to have an IEP and a learning environment that respects and values Koorie cultures and identities</p>	<p><b>Students from a refugee background</b></p> <p>Resources to support schools with students of refugee and asylum seeker backgrounds: <a href="#">Refugee Education Support Program</a></p> <p><a href="#">School's In for Refugees, EAL Support and Funding and Multicultural education program and resources</a></p>	<p><b>Family Violence</b></p> <p>A range of supports are available to students, families and staff affected by family violence</p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>
<p><b>SWPBS</b></p> <p>Support and resources for evidence-based approach to improve behaviour and academic outcomes. School level data informs actions across all three tiers</p>	<p><b>LGBTIQ+ students</b></p> <p>The <a href="#">Safe Schools</a> program supports schools to build safer, more inclusive environments for LGBTIQ+ students</p>	<p><b>LGBTIQ+ students</b></p> <p>The <a href="#">Safe Schools</a> program supports schools to build safer, more inclusive environments for LGBTIQ+ students</p>	<p><b>Family Violence</b></p> <p>A range of supports are available to students, families and staff affected by family violence</p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>
<p><b>Bully Stoppers and eSmart</b></p> <p>Resources for teachers, families and students on preventing and addressing all forms of bullying</p> <p>The <a href="#">eSmart Schools</a> is free to all Victorian schools</p>	<p><b>Young carers</b></p> <p>Requirements for schools to identify and support young carers</p>	<p><b>Students with health care needs</b></p> <p>A <a href="#">student health support plan</a> must be completed for each student with an identified health care need</p>	<p><b>Family Violence</b></p> <p>A range of supports are available to students, families and staff affected by family violence</p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>
<p><b>Protect</b></p> <p>Supports schools to comply with the <a href="#">Child Safe Standards</a> and respond to signs of child abuse</p>	<p><b>The Achievement Program</b></p> <p>A whole-school approach to health and wellbeing, creating a healthier environment for learning</p>	<p><b>Students with health care needs</b></p> <p>A <a href="#">student health support plan</a> must be completed for each student with an identified health care need</p>	<p><b>Family Violence</b></p> <p>A range of supports are available to students, families and staff affected by family violence</p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>
<p><b>Engagement</b></p> <p>Guidance for schools on developing a student engagement policy, student and family engagement strategies and preventing student disengagement</p>	<p><b>Lunchtime clubs</b></p> <p>Lunchtime clubs promote engagement and inclusion during recess/ lunch</p>	<p><b>Students with health care needs</b></p> <p>A <a href="#">student health support plan</a> must be completed for each student with an identified health care need</p>	<p><b>Family Violence</b></p> <p>A range of supports are available to students, families and staff affected by family violence</p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>	<p><b>Financial support</b></p> <p>Financial support is available for eligible families through <a href="#">State Schools Relief</a> and the <a href="#">camps, sports and excursions fund</a></p>