



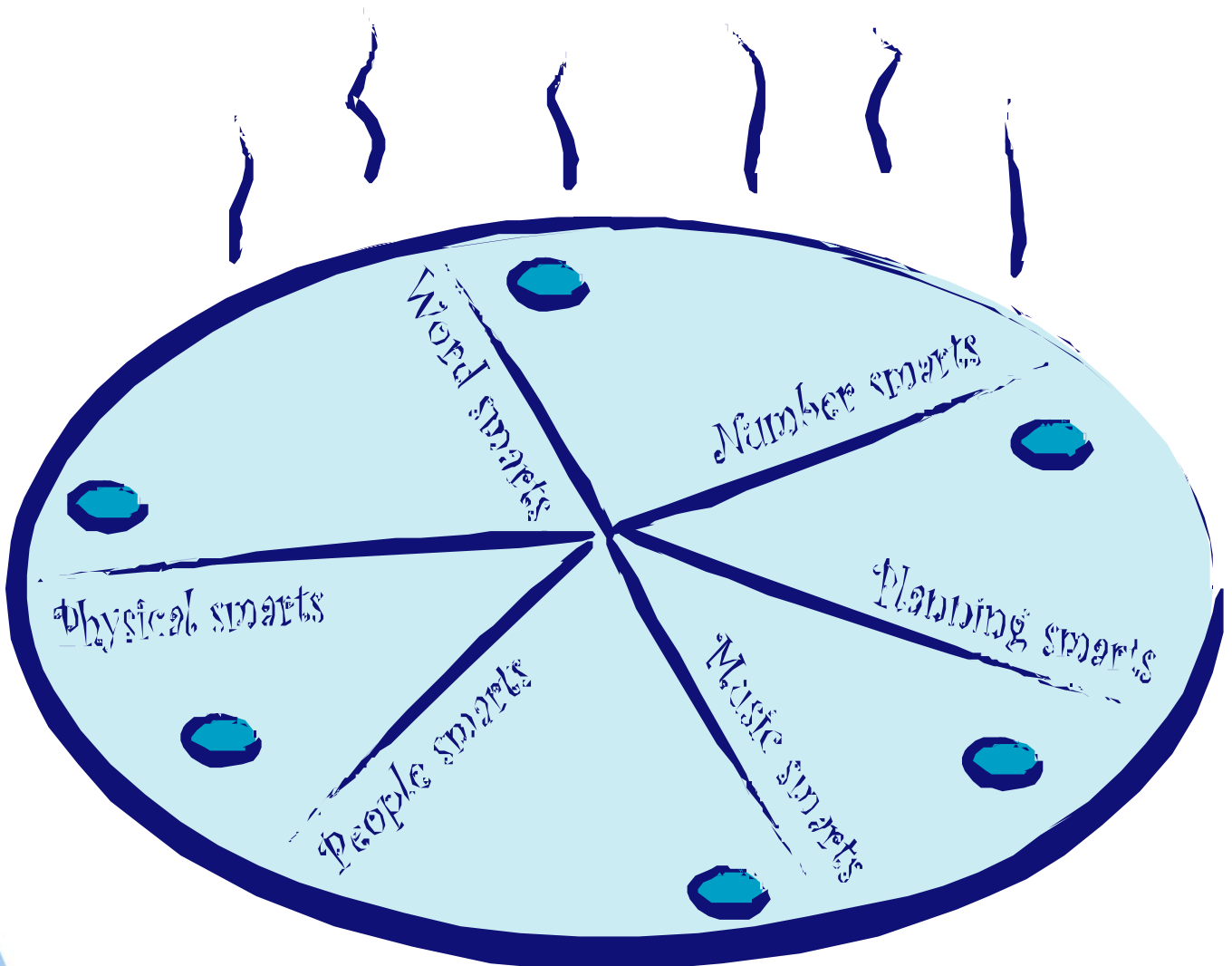
## Pizza Smarts



“Life is like a pizza” is a quote some great Italian should have said. Have you ever gone into a pizza shop and looked at all the flavours and wished that there was an “all of the above” option?

In a way there is! Your cleverness is a bit like a pizza with the different flavourings representing the different ways you are clever. We all have our different mixes of flavours some are strong and others are mild. Some flavours you are just naturally strong in, others have taken years of practice.

*Read through the descriptions on the next page before filling in your pizza*



*Fill in the pizza above with some ways you are clever in each area.  
Now put some examples of careers that use these smarts.*



## *Pizza Smarts descriptions*



Read through the descriptions (*likes to, is good at and learns best by*) and think about how this relates to you.

Smarts	Likes to	Is good at	Learns best by
<b>Word smarts</b>	read, write & tell stories	memorising names, places, dates & trivia	saying, hearing & seeing words
<b>Number smarts</b>	do experiments, figure things out, work with numbers, ask questions & explore patterns & relationships	maths, reasoning, logic & problem solving	categorising, classifying & working with abstract patterns/relationships
<b>Planning smarts</b>	draw, build, design & create things, daydream, look at pictures & slides, watch movies, play with machines	imagining things, sensing changes, mazes/puzzles, reading maps & charts	visualising, dreaming, using the mind's eye & working with colours/pictures.
<b>Physical smarts</b>	move around, touch & talk & use body language	physical activities (sports/dance/acting) & crafts	touching, moving, interacting with space & processing knowledge through bodily sensations
<b>Music smarts</b>	sing, hum tunes, listen to music, play an instrument & respond to music	picking up sounds, remembering melodies, noticing pitches/rhythms & keeping time	rhythm, melody & music
<b>People smarts</b>	have lots of friends, talk to people & join groups	understanding people, leading others, organising, communicating, manipulating & mediating conflicts	sharing, comparing, relating, cooperating & interviewing



## *Pizza Smarts definitions*



### **Word Smarts**

This intelligence, which is related to words and language – written and spoken – dominates most Western educational systems.

### **Number smarts**

Often called "scientific thinking," this intelligence deals with inductive and deductive thinking/reasoning, numbers and the recognition of abstract patterns.

### **Planning smarts**

This intelligence, which relies on the sense of sight and being able to visualise an object, includes the ability to create internal mental images/pictures.

### **Physical smarts**

This intelligence is related to physical movement and the knowing/wisdom of the body, including the brain's motor cortex, which controls bodily motion.

### **Music smarts**

This intelligence is based on the recognition of tonal patterns, sounds, and on a sensitivity to rhythm and beats.

### **People smarts**

This intelligence operates primarily through person to person relationships and communication.



## My abilities



You all know some things that you are good at. When you are good at something, it usually means that you gain satisfaction and enjoyment from doing it. You can further develop these abilities and apply them to your work or leisure activities.

1. Put a tick (✓) in the appropriate boxes to show how well you do these things.

Activities	Very good	Good	Not so good
Planning social activities			
Playing sport			
Gardening			
Writing stories, poems or plays			
Making friends			
Working with machines and equipment			
Remembering things			
Maths			
Playing a musical instrument			
Being responsible			
Learning new work			
Talking to people			
Fixing machines			
Being a team leader			
Cooking food			
Listening to others			
Working as part of a team			
Following directions			
Bushwalking			
Being friendly			
Speaking in front of people			
Working without supervision			
Designing things			
Drawing, painting or ceramics			
Lifting heavy objects			
Working with animals			
Solving puzzles or computer games			
Photography			
Keeping fit and healthy			
Selling things			
Being honest			
Promoting activities and events			



## My abilities

2. *Other things I am good at are:*



---

---

---

---

---

---

---

---

3. *Some of the things I am not very good at from the previous list are:*

---

---

---

---

---

---

---

---

3a. *Ways that I could deal with these things are:*

---

---

---

---

---

---

---

---

---

---

---

---



## My abilities



Abilities can be divided into different groups. One way of looking at your abilities is in terms of the following seven categories used in the *Job Guide*: Analytic or Scientific, Creative or Artistic, Helping or Advising, Nature or Recreation, Organising or Clerical, Persuading or Service, Practical or Mechanical.

4. Now, under the headings below, list the activities from the last table that you are good/very good at under the appropriate headings.

### ***Analytic or Scientific***

---



---

### ***Creative or Artistic***

---



---

### ***Helping or Advising***

---



---

### ***Nature or Recreation***

---



---

### ***Organising or Clerical***

---



---

### ***Persuading or Service***

---



---

### ***Practical or Mechanical***

---



---





## My interests

You all know some things that you enjoy doing and other things that you don't enjoy.

1. Put a tick (✓) in the appropriate boxes to show how much you like doing these things.



Activities	Really enjoy	Enjoy	Don't enjoy
Planning social activities			
Playing sport			
Gardening			
Writing stories, poems or plays			
Making friends			
Working with machines and equipment			
Remembering things			
Maths			
Playing a musical instrument			
Being responsible			
Learning new work			
Talking to people			
Fixing machines			
Being a team leader			
Cooking food			
Listening to others			
Working as part of a team			
Following directions			
Bushwalking			
Being friendly			
Speaking in front of people			
Working without supervision			
Designing things			
Drawing, painting or ceramics			
Lifting heavy objects			
Working with animals			
Solving puzzles or computer games			
Photography			
Keeping fit and healthy			
Selling things			
Being honest			
Promoting activities and events			



## My interests



2. *Other things I like doing are:*

---

---

---

---

---

---

---

---

3. *Some of the things I don't enjoy are:*

---

---

---

---

---

---

---

---

4. *Sometimes people have to do things they don't enjoy. List some of the things you don't enjoy doing, but you have to do. Write down how you deal with having to do things you don't enjoy.*

---

---

---

---

---

---

---

---





## My interests

Like abilities, interests can also be divided into different groups.



5. Now, under the headings used in the Job Guide, list the activities from the last table that you enjoy/really enjoy doing under the appropriate headings

### ***Analytic or Scientific***

---

---

### ***Creative or Artistic***

---

---

### ***Helping or Advising***

---

---

### ***Nature or Recreation***

---

---

### ***Organising or Clerical***

---

---

### ***Persuading or Service***

---

---

### ***Practical or Mechanical***

---

---



## My interests



6. Compare the information about your interests with your abilities information and fill in the table.

Things I am good at and enjoy	Things I am good at and don't enjoy

- 7 Identify some jobs and leisure activities where you might be able to do things that you are good at and enjoy.

Things I am good at and enjoy	Jobs where I could do these things	Leisure activities where I could do these things



## My values



Values are personal beliefs, viewpoints, attitudes and outlook on life. Values come from your family background, the way you are brought up and your own experiences. People are sometimes confused about their values. It is important to think about and be clear about your values, as they influence many things you will do in your life.

### Discussion questions

1. *How do you know what you believe?*

---



---



---

2. *How can you find out what you actually value?*

---



---



---

3. *Why doesn't everyone have the same values?*

---



---



---

4. *What happens when people don't have the same values?*

---



---



---

5. *Can people who have different values live together? Why?*

---



---



---



## What is important to me



Complete the following questions, to find out about your personal values.

1. Name the three most important people in your life and why they are important to you and what they value most in life.

Person	Why they are important to me	What they value most in life
1		
2		
3		

2. Write down the three most important goals in your life right now.

1.

2.

3.

3. What have you always wanted to do?

---



---

4. What makes you feel really good about yourself??

---



---

5. What would you do if you won \$1 million? Would you change anything?

---



---

6. If you could write a personal values message on the containers of all the fast food meals sold throughout the world in a week, what would it be?

---



---

7. List the four things you value most in life.

1.

2.

3.

4.



## Identifying my values

Go through the list below and rate the values according to how important they are to you (never important, sometimes important, always important).

Value	Definition	Never	Some times	Always
Challenge	you enjoy being challenged and having new problems to solve			
Communication	you enjoy talking with all sorts of people			
Confidence	you tackle new tasks without hesitation			
Creativity	you enjoy thinking up new ideas and ways of doing things			
Freedom	you like to do things in your own way			
Friendship	you like to be with people who are friendly and understanding			
Helping others	you like to do things that help other people			
Independence	you like to do things without interference from others			
Leadership	you like to be in charge when you do things			
Learning	you like to have new things to learn			
Money	earning a good salary is important to you			
Organisation	you are an organised and tidy person			
Peace & quiet	you like working without pressure, setting your own deadlines			
Precision	you like to work with care and concentration			
Pressure	you like to work to meet strict deadlines			
Recognition	you want your efforts to be recognised by others			
Respect	you respect the rights and property of others			
Responsibility	you accept responsibility for your own actions and don't blame others			
Risk taking	you enjoy taking risks			
Routine	you like to have regular tasks and work patterns			
Security	you want a job that you know will last			
Status	you like to be respected by others because of your position			
Surroundings	you like to be in pleasant surroundings			
Teamwork	you like to work cooperatively and be part of a team			
Variety	you enjoy having lots of different things to do			



## How others see me

*Cards to photocopy and cut up for distribution of individual cards to the students*



Most likely to write a book	Most likely to invent something	Most likely to be a teacher	Most likely to be a chef	Most likely to dance
Most likely to make a CD	Most likely to make a film	Most likely to be a plumber	Most likely to run a hotel	Most likely to work in health care
Most likely to make lots of money	Most likely to be well known	Most likely to enter politics	Most likely to be a scientist	Most likely to save a life
Most likely to be on television	Most likely to be a sports-person	Most likely to laugh a lot	Most likely to work in finance	Most likely to drive places
Most likely to set up their own business	Most likely to have a musical career	Most likely to work overseas	Most likely to sell things to others	Most likely to discover new things
Most likely to have a shop	Most likely to be comedian	Most likely to work for the airlines	Most likely to make TV shows	Most likely to have a courageous career
Most likely to be a spy	Most likely to work in a country area	Most likely to work outdoors	Most likely to join the police force	Most likely to be in the military



## Promoting myself



1. List at least three of your strengths and interests.

Strengths	Interests

2. If someone described you to an employer, what would you like him or her to say about you?

---



---



---



---



---

3. What are six abilities, interests, values, or personal attributes an employer, coach or volunteer coordinator might be looking for in someone they are recruiting?

---



---



---



---



---

4. Cut out and collect positive pictures from magazines that reflect your:

- Interests
- Abilities
- Values
- Learning style
- Personal characteristics e.g. happy, outgoing, exuberant, quiet
- Physical appearance, e.g. neat and tidy
- Work habits, e.g. reliable, honest, punctual, fast worker
- Other important information about you e.g. ambitions, special skills, pets.





## *Promoting myself*



### Design and create an advertisement about yourself.

It must show your suitability for a specific role, such as an employee, sporting team member, volunteer worker, etc.

Think about yourself how you would like to represent yourself to other people. Focus on special things to identify your strengths for the particular role you have chosen as an employee, team member or voluntary worker.

You can produce this advertisement in any form you like- e.g. a poster, brochure, magazine or newspaper advertisement, or power point presentation.

The following checklist may help you judge whether you have designed a suitable advertisement. Tick (✓) each box once you have checked that your design meets the requirement.

### Checklist for my design

- Clear bold lettering is used.
- Pictorial material succinctly represents key aspects of me.
- Style of lettering reflects me as a person.
- Colours relate to me.
- Layout is uncluttered eye-catching.
- Space or borders are organised around the important things.
- Advertising language or catchy phrases are used.
- Similar information is grouped together.