How has your understanding of your skills changed during Year 8?

Name three of your skills and how you use them?

<table>
<thead>
<tr>
<th>SKILL</th>
<th>HOW WOULD YOU USE THIS SKILLS IN THE WORKPLACE?</th>
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</thead>
<tbody>
<tr>
<td>1.</td>
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<td>2.</td>
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<tr>
<td>3.</td>
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</tbody>
</table>

What are your transferable skills? Please provide two examples.

1. 
2. 

What is work?

List 2 growth areas that you have discovered this year

1. 
2. 

Name a challenge and a skill that might help you to overcome it

List 2 skills you have used in solving a problem?

1. 
2. 

Student Reflection
Complete a reflection of what you have learnt while participating in the Career Self-Exploration Workshops

Give an example of how your actions demonstrate your values to others?

What is one thing you have learnt this year about yourself and the type of work you would like to do?

List two skills that you have developed this year?

1. 
2. 

List three things you have learnt about the world of work this year.

1. 
2. 
3. 