

DESIGN MY CAREER

MY CAREER EXPLORATION – TEACHER GUIDE

BACKGROUND

In 2017, the Department of Education and Training commissioned a comprehensive independent review of career education in Victorian government schools. This was in response to emerging global recognition of the rapidly changing world of work and the critical role of career education.

The review identified that career education in Victorian government schools:

- varies significantly in quantity and quality
- starts too late and is primarily focused on career planning in Years 10 to 12
- is often seen as the sole responsibility of the careers practitioner, rather than a whole school collaborative approach
- should provide more meaningful work experience and engagement with industry to adequately reflect industry needs.

The *Transforming Career Education in Victorian Government Schools Plan* identified a number of reforms to assist students to make better career and pathway decisions, and to meet business and industry needs. These include Year 7 and 8 students in all government secondary school participating in Career Self-Exploration Workshops to better understand their interests, strengths, aspirations and explore the rapidly changing world of work.

The *Transforming Career Education in Victorian Government Schools Plan* can be found here <https://www.education.vic.gov.au/about/programs/Pages/transforming-career.aspx>.

LESSON PLANS

The four lesson plans for Year 7 and four lesson plans for Year 8 aim to provide students with the opportunity to build knowledge about themselves and the world of work, effectively preparing them to make informed subject and course decisions as they progress through secondary school.

The matrix outline shows the suggested delivery of the lesson plans. Lesson 1 and 2 for both Year 7 and Year 8 have a specific focus self-exploration (developing student self-awareness) whilst lessons three and four focus on career exploration. It is intended that students first develop understanding about who they are and take this knowledge with them when exploring the world of work.

In recognition of the diverse needs of schools, each school should contextualise and adapt the lesson plans as necessary to suit the needs of students and the school curriculum. The lessons are designed to be able to be delivered by a range of school staff and are aligned to the Victorian Curriculum F-10 to support implementation in the school curriculum.

Supplementary information in the lesson plans includes suggestions for career practitioners and teachers to assess and monitor student learning, teacher notes and suggestions for considerations for students working at a range of abilities. In addition, alternative activities have been included to provide schools with variety of options to deliver career education.

It is expected that students will have access to a range of career development/exploration resources including:

- **myfuture website** (<http://www.myfuture.edu.au/>)
myfuture is a joint initiative of the Australian, state and territory governments. It includes an extensive resource centre and career planner
- **Victorian Skills Gateway**
(<https://www.skills.vic.gov.au/victorianskillsgateway/Pages/Home.aspx>)
The Victorian Skills Gateway is a one-stop-shop of Victorian vocational education and training.
- **School subjects you like and jobs they can lead to (also known as Bullseye Posters)**
(<https://www.education.gov.au/career-education-resources>) (Australian Government)
- **Job Outlook** (<https://joboutlook.gov.au/>)
Job Outlook provides information about Australian careers, labour market trends and employment projections.
- **Youth Central** (<https://www.youthcentral.vic.gov.au/>)
Youth Central is the Victorian Government's website for young people aged 12-25 with information about life from every angle (finding a job, study and training options, moving out of home, rights as a young Victorian).
- **Foundation for Young Australians** (<https://www.fya.org.au/>)
The Foundation for Young Australians (FYA) is an Australian non-profit organisation whose purpose is to improve the learning outcomes and life opportunities of young Australians.
- **Labour Market Information Portal** (<http://lmip.gov.au/>)
The Labour Market Information Portal brings together data from a range of official sources to help you understand your local labour market.
- **Australian Jobs** (<https://www.jobs.gov.au/australian-jobs-publication>)
Australian Jobs is an easy to follow guide to the Australian labour market. It includes information about industries and occupations as well as states, territories and regions. The publication highlights trends in the Australian labour market and provides guidance about job search and the skills employers value.

LESSON PLAN CONTENT EXPLANATION

Name of Lesson:	
Learning Intention:	The purpose or goal of the lesson
Learning Outcome:	Identifies what the students will learn in the lesson
Success Criteria:	Identifies what the students will learn in the lesson in student language
Victorian Teaching and Learning Model	Each lesson identifies relevant alignment to the Victorian Teaching and Learning Model
Mapping to the Victorian Curriculum F-10:	Each lesson identifies the relevant alignment to the Victorian Curriculum F-10
Assessment:	Each lesson identifies suggested assessment
Terminology for the lesson:	Terms that support student learning
Prior Knowledge/concepts/skills:	Prior knowledge required by students to effectively engage in the lesson
Equipment/Resources required:	Equipment/resources required to deliver the lesson
Lesson Duration:	Approximate time required to deliver lesson
Lesson Description:	Instructions on delivery of the lesson
Differentiation	Identifies way to support different learning abilities
Alternative Activities	Alternative activities
Teacher Notes:	Important understandings or knowledge required to support delivery of the lesson
Parent Participation:	Suggestion on how parents/carers could be included in the activity.
Resources/Links:	Any links to online resources required or suggested.