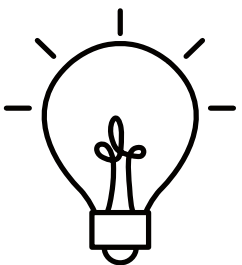


# Personal and Social Capability: Self-Awareness and Management

## Students who have a strong sense of identity will...



feel safe, secure and supported



develop their emerging autonomy, interdependence, resilience and sense of agency



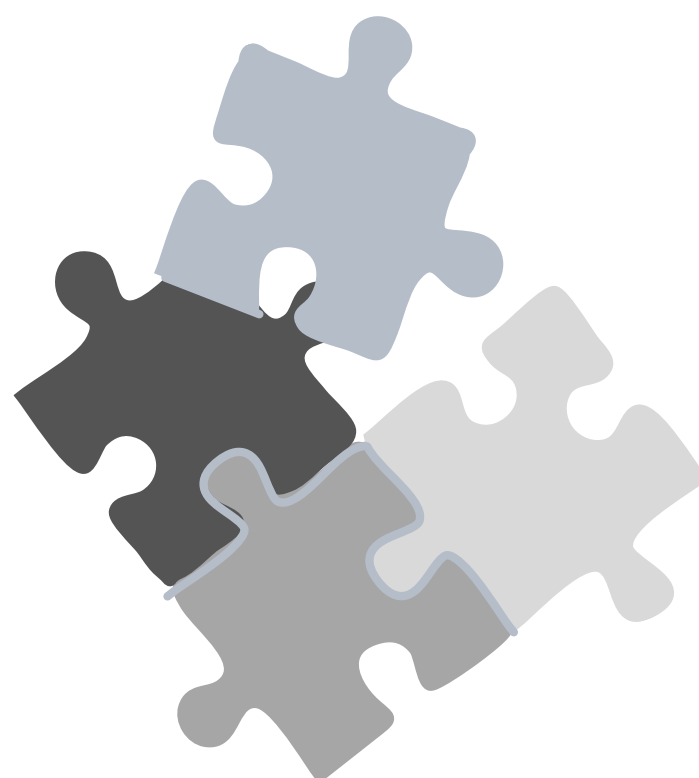
learn to interact in relation to others with care, empathy and respect

## Students demonstrate strong identity when they...

- Initiate and join in play
- establish and maintain respectful and trusting relationships with other children.
- respond to ideas and suggestions
- openly express their feelings and ideas in their interactions with others
- increasingly cooperate and work collaboratively with others
- recognise their individual achievements and the achievements of others
- demonstrate an increasing capacity for self-regulation
- empathise with and express concern for others
- display awareness of and respect for others' perspectives

## In demonstrating these capabilities, students are...

Recognising that problems or challenges are a normal part of life and that there are actions that can be undertaken to manage problems. (F) (VCPSCE003)



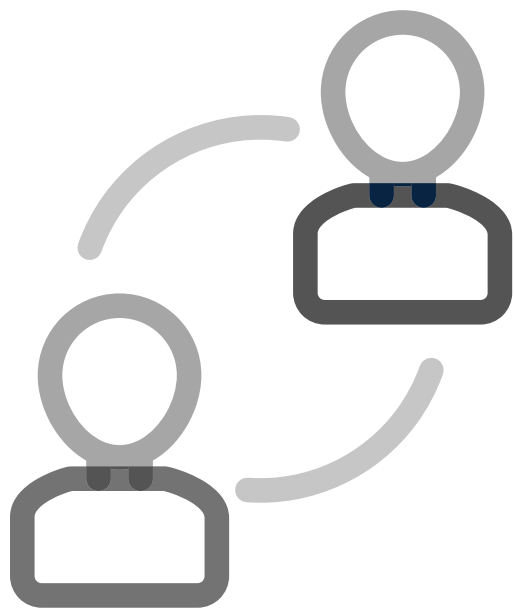
Developing a vocabulary and practise the expression of emotions to describe how they feel in different familiar situations. (F) (VCPSCE001)

Identify their likes and dislikes, needs and wants, abilities and strengths. (F) (VCPSCE002)

# Personal and Social Capability: Social Awareness and Management

## Students who are connected with and contribute to their community will...

develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active civic participation.



## Students demonstrate community when they...

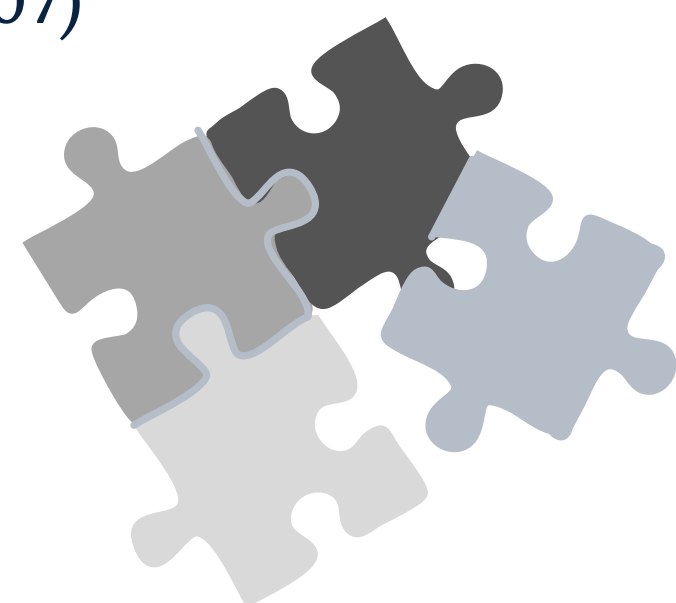
- cooperate with others and negotiate roles and relationships in play episodes and group experiences
- take action to assist other children to participate in social groups
- express an opinion in matters that affect them
- build on their own social experiences to explore other ways of being
- participate in reciprocal relationships
- gradually learn to 'read' the behaviours of others and respond appropriately
- understand different ways of contributing through play and projects
- are playful and respond positively to others, reaching out for company and friendship
- contribute to democratic decision-making about matters that affect them.

## In demonstrating these capabilities, students are...

Identifying a range of groups to which they, their family and members of their class belong.  
(F) (VCPSCSO004)

Naming and practising basic skills required to work collaboratively with peers.  
(F) (VCPSCSO006)

Using appropriate language to describe what happens and how they feel when experiencing positive interactions or conflict.  
(F) (VCPSCSO007)



# Personal and Social Capability: Social -Awareness and Management

**Students who have a strong sense of wellbeing will...**

become strong in their social, emotional and spiritual wellbeing



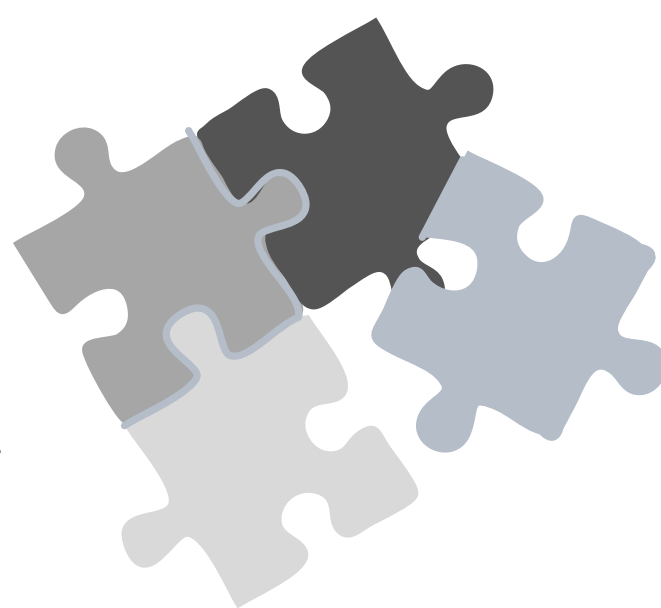
**Students demonstrate strong wellbeing when they...**

- remain accessible to others at times of distress, confusion and frustration
- share humour, happiness and satisfaction
- seek out and accept new challenges, make new discoveries, and celebrate their own efforts and achievements and those of others
- increasingly cooperate and work collaboratively with others
- show an increasing capacity to understand, self-regulate and manage their emotions in ways that reflect the feelings and needs of others
- acknowledge and accept affirmation
- assert their capabilities and independence while demonstrating increasing awareness of the needs and rights of others
- recognise the contributions they make to shared projects and experiences.

**In demonstrating these capabilities, students are...**

Practising the skills required to include others and make friends with peers, teachers and other adults. (F) (VCPSCSO005)

Extending their vocabulary through which to recognise and describe emotions and when, how and with whom it is appropriate to share emotions. (L1–L2) (VCPSCSE008)



Naming and practising basic skills required to work collaboratively with peers. (F) (VCPSCSO006)

Recognising that conflict occurs and distinguish between appropriate and inappropriate ways to deal with conflict. (L1–L2) (VCPSCSO015)