Health support plans for your child at school

The Department of Education and Training

Easy English
Hard words

This book has some hard words.

The first time we write a hard word

● the word is in blue

● we write what the hard word means.

You can get help with this book

You can get someone to help you

● read this book

● know what this book is about

● find more information.
About this book

This book is written by the Department of Education and Training.

This book has information about health support plans.

A health support plan is a document the school use to know about your child’s

- health
- medical needs
- personal care needs
- emergency care needs.
How to make a health support plan

You can make a health support plan for your child with your school.

To make the plan, you might use reports from
- your family doctor
- other allied health professionals.

Allied health professionals are experts such as speech pathologists.

The school might ask to talk to your child’s doctor to help with the plan.

The school will tell your child’s teachers about the plan.
Health support plan review

The plan is **reviewed** each year by the child’s

- school

**and**

- parents or carers.

Reviewed means the plan is checked to see if it is still ok.

The school can review the plan any time if

- your child’s needs change

- you are worried about the care your child gets

- the school is worried about the care your child gets.
If your child has many health needs

- the plan will list teachers who can care for your child
- the school will make sure teachers know how to help your child.

**Other support plans**

Your child might need

- a health support plan

and

- a **medical treatment plan**.

A medical treatment plan is a form that says what to do in a health emergency.
A medical treatment plan helps teachers know
● the things that might make your child sick
● how to look for signs that your child is sick
● how to give medicine and care in an emergency.

Your child might need a medical support plan. A medical support plan is for children with problems such as
● asthma
  – asthma is a health problem that makes it hard for a person to breathe.
● diabetes
  – diabetes is a health problem that makes blood sugar levels high.
● epilepsy
  – epilepsy means for a short time a person can lose control of their body.
More information

For more information contact
The Department of Education and Training.

Find a Department of Education and Training office

Website
www.education.vic.gov.au/about/contact/Pages/regions.aspx

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