

CIDAMNA LAM ZUMPI (CHO) PAN NULEPATE TUNG THEIHSAKNA

Victoria ah coronavirus (COVID-19) natna kilawhna a kiam nadingin, tuni in innkuan kimciat ii panpihna kisam ahih manin, Victoria gamke sunga om nulepate, naupangte encikin acing akemte leh sangnaupangte lai kong khak hi.

Sang khakhunte hong naikuan ta ahih manin, ei mau tek leh i innkuanpih tek kikep suak ding hong hi ta hi. Ko mau mahmah leh a nihveina natna tuihual kikal ah thu khat in, a banah bang hih ding i hiam cih ahi hi.

Na paina peuh ah, tua lauhhuainate ngaihsun inla kidawm in. Midangte tungah tua natna (virus) om kha thei hi cih phawk inla, a kilamna theithei dingin om in.

Khanih val sungah i theihngei i muhngai lak pan, tu-in natna ngah a tampen dinmun a kituak kha hita hi. Victoria ah natna ngah a khanna pen, innkuan sungah khat le khat kisukha in omkhopnate hang leh khat le khat kihal ding, pumpi sianthona hanciam ding theihsaknate zuihlohna hangin ci'n thukanna lai sungah kigen hi.

Kamsiatna tawh, a kilawh thei pulnatan kilawh hun sungah ki om lai in, mi tampi' nuntakna patauhuai dinmun hi lai hi. Leitung mun tuamtuam ah i muhsa i theihsa mah bangin, hih natna (virus) in nikhat thu in natna ngah tawmno khat pan a za simin khangsak zo hi.

Tua in i lunggulh dinmun hilo a, mikim in tu-in, i septheihzah in i sep ding ahi hi.

Tua hangin ciangtanna, khaktanna tampi a bawlphatkik i hihi. Na inn ah lengna hong hawh theizah ding mi nga ciang kikhiam suk hi. Inn pua lamah, innkuanpihte leh lawm le gualte tawh mi sawm ciang kimukhawm thei ding hi.

Sanginn huang sunga om mimalkim khatciat in, hih bangin panpihna pia thei hi:

- Sanghuang sungah na pai ciang, kidawm takin om ding.
- Inn sungah kidawm takin om ding. Cihnopna ah, a kisamte bek tawh kimu ding cihna ahi hi. Innkuanin honom ngeingai lo ding, tuamom tek ding leh pumpi siangthosak ding mangngilh lo ding.
- An leh tuite nekhawm, dawnkhawm lo ding.
- Nang na hi a, na innkuan sungah a damlo khatpeuh aom leh zong – inn ah om ding. Lawm le gualte, innkuanpihte tawh kimu, kihawh se lo ding. Na ci anop keileh holiday khawng pai se lo ding, na sem lo ding. Na naupangte a ci a nop keileh, sang paisak loding, naupangkepna sang, ahih keileh naupang sang ah zong kha lo ding – inn ah om ding.
- Na tungah natna kilatna hong om leh, kisit ding.

Victoria gamke sunga teeng mi a tamzaw in sepdingte man takin sem uhhi. Ahi zongin, hih pen pautauh ding, kigin den ding cihna hi a, lungkim leh lungnop om thei nailo hi.

I lawm i gualte, innkuanpihte bitna ding ei mau tek tungah kinga hi.

Coronavirus (COVID-19) tawh kisai tulaitak theihding thute leh thukhakte theih nadingin, [Victoria Gamke Kumpi ii coronavirus thusuahna website](#) ah en in.

Na innkuan sungah coronavirus (COVID-19) natna kilang khatpeuh aom leh, a nasia keiphial zongin, inn ah omin, kikepzia dingte dong a, kisit ding ahi hi. Hih natna kilatnate sungah cisa, khuasik, khua-ul kaai, bukkhuh, gawlina, husamh, naptui, ahih keileh a nam zalo, ankam limlo cihte kihel hi. Koi munah kisit ding cihte a kicing zaw in na theinop leh, [coronavirus kisitna tawh kisai thusuahna web page](#) ah en in.

Nangmah ngiat ahi a, na innkuanpih khatpeuh in ahi zong, coronavirus ngah khak ding lunghimawh in, thulela kicingin theih ding a kikap leh, nai 24 sung a kihong den ahi 1800 675 398 hopih in.

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