**OUTCOME 3: WELLBEING***CHILDREN HAVE A STRONG SENSE OF WELLBEING*

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| Emotional - accessible* Remains accessible to others at times of distress, confusion and frustration.
* Requires some assistance to remain accessible to others at times of distress, confusion and frustration.
* Requires considerable assistance to remain accessible to others at times of distress, confusion and frustration.
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| Emotional - satisfaction * Often shares humour, happiness and satisfaction in familiar and new situations.
* Sometimes shares humour, happiness and satisfaction in familiar situations.
* Rarely shares humour, happiness and satisfaction.
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| Emotional - cooperation* Is mostly cooperative and able to work collaboratively with others.
* Is increasingly cooperative and usually able to work collaboratively with others.
* Currently requires adult assistance to cooperate and work collaboratively with others.
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| Emotional - self regulation* Is usually able to show an understanding, and to self-regulate their behaviour and manage their emotions in ways that reflect the feelings and needs of others.
* Sometimes requires support to understand, self-regulate their behaviour and manage their emotions in ways that reflect the feelings and needs of others.
* Requires adult prompts and guidance to understand, self-regulate behaviour and manage their emotions in ways that reflect the feelings and needs of others.
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| Health - communication* Is usually able to recognise and communicate their bodily needs (for example thirst, hunger, rest, comfort, physical activity) in familiar and new situations.
* Is able to recognise and communicate their bodily needs (for example thirst, hunger, rest, comfort, physical activity) in familiar situations, however may require adult prompts and support in new situations.
* Currently relies on adult support to adequately recognise and communicate their bodily needs (for example thirst, hunger, rest, comfort, physical activity).
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| Health - spatial awareness* Is able to demonstrate spatial awareness and orient themselves, moving around and through their environments confidently and safely.
* With support and some adult prompts is able to orient themselves, moving around and through their environments confidently and safely.
* Requires adult support to be able to orient themselves, and to move around and through their environments safely.
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| Health - fine motor skills* Is able to manipulate equipment and manage age appropriate tools with competence and skill.
* With support is able to manipulate familiar equipment and manage age appropriate familiar tools with increasing competence and skill.
* Currently requires adult encouragement or support to manipulate familiar equipment and manage age appropriate tools.
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| Health - awareness * Has an increasing awareness of healthy lifestyles and good nutrition.
* Is developing an increasing awareness of healthy lifestyles and good nutrition.
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| Health - personal hygiene* Is independent with regard to personal hygiene/toileting in familiar and new settings.
* Is usually independent with regard to personal hygiene/toileting in familiar settings but may require some assistance/ prompts in new settings.
* Is developing independence and competence in regard to personal hygiene/toileting however requires support and prompts.
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| Health - gross motor skills* Shows enthusiasm for participating in physical play and is able to negotiate play spaces to ensure the safety and wellbeing of themselves and others.
* Participates in physical play and negotiates play spaces usually with regard for the safety and wellbeing of themselves and others.
* Requires support to participate in physical play and reminders to negotiate play spaces with regard for the safety and wellbeing of themselves and others.
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