**OUTCOME 3: WELLBEING***CHILDREN HAVE A STRONG SENSE OF WELLBEING*

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| Emotional - accessible   * Remains accessible to others at times of distress, confusion and frustration. * Requires some assistance to remain accessible to others at times of distress, confusion and frustration. * Requires considerable assistance to remain accessible to others at times of distress, confusion and frustration. |
| Emotional - satisfaction   * Often shares humour, happiness and satisfaction in familiar and new situations. * Sometimes shares humour, happiness and satisfaction in familiar situations. * Rarely shares humour, happiness and satisfaction. |
| Emotional - cooperation   * Is mostly cooperative and able to work collaboratively with others. * Is increasingly cooperative and usually able to work collaboratively with others. * Currently requires adult assistance to cooperate and work collaboratively with others. |
| Emotional - self regulation   * Is usually able to show an understanding, and to self-regulate their behaviour and manage their emotions in ways that reflect the feelings and needs of others. * Sometimes requires support to understand, self-regulate their behaviour and manage their emotions in ways that reflect the feelings and needs of others. * Requires adult prompts and guidance to understand, self-regulate behaviour and manage their emotions in ways that reflect the feelings and needs of others. |
| Health - communication   * Is usually able to recognise and communicate their bodily needs (for example thirst, hunger, rest, comfort, physical activity) in familiar and new situations. * Is able to recognise and communicate their bodily needs (for example thirst, hunger, rest, comfort, physical activity) in familiar situations, however may require adult prompts and support in new situations. * Currently relies on adult support to adequately recognise and communicate their bodily needs (for example thirst, hunger, rest, comfort, physical activity). |
| Health - spatial awareness   * Is able to demonstrate spatial awareness and orient themselves, moving around and through their environments confidently and safely. * With support and some adult prompts is able to orient themselves, moving around and through their environments confidently and safely. * Requires adult support to be able to orient themselves, and to move around and through their environments safely. |
| Health - fine motor skills   * Is able to manipulate equipment and manage age appropriate tools with competence and skill. * With support is able to manipulate familiar equipment and manage age appropriate familiar tools with increasing competence and skill. * Currently requires adult encouragement or support to manipulate familiar equipment and manage age appropriate tools. |
| Health - awareness   * Has an increasing awareness of healthy lifestyles and good nutrition. * Is developing an increasing awareness of healthy lifestyles and good nutrition. |
| Health - personal hygiene   * Is independent with regard to personal hygiene/toileting in familiar and new settings. * Is usually independent with regard to personal hygiene/toileting in familiar settings but may require some assistance/ prompts in new settings. * Is developing independence and competence in regard to personal hygiene/toileting however requires support and prompts. |
| Health - gross motor skills   * Shows enthusiasm for participating in physical play and is able to negotiate play spaces to ensure the safety and wellbeing of themselves and others. * Participates in physical play and negotiates play spaces usually with regard for the safety and wellbeing of themselves and others. * Requires support to participate in physical play and reminders to negotiate play spaces with regard for the safety and wellbeing of themselves and others. |