

Lentecelh  
Cawn  
Tthan

Changreu  
(cake)  
lawng kan  
tuah duhmi  
a si lo



# Changreu (cake) lawng kan tuah duhmi a si lo

**Nifatin tuahmi le  
hmuhmi kha  
cawnnak caah a  
tthami lawngte  
an si. Ititer, thil  
thar ser le  
ibawmhernak  
nih na fa kha thil  
thar a cawn a  
thiam ter lai.**

- Na fa chunmang (*seikuyin*) ning khan tuahter ko! An uarmihna minung asiloah ziazza langhtermi ning khan thil hruk hna law an nawl cawnter hna. An konglam kha chimter hna!
- Zei rawl dah na fa he nan chuan tti khawh? Rawlchuannak nih ngandamnak rawl, nambar le a zat, science, icheuh/ihrawmnak le biafang thar tehna a thiamter hna.
- Caan na ngeih paohah na fa he ca rel tti uh, biafang thar cu khuika paohah an um! Hmelchunhnak (signs), rawl/eiawk funnak cung tarmi catlap tehna zong kha relpi hna law cauk rel ding kha nan pawng ah chia lengmang uh.
- Na fa a pawng i a hmuhmi le a zohmi kha suaiter asiloah mah kha biaruahnak ah hmanter.

Tamdeuh theih na duh ahcun Nu le Ngakchia Ngandamnak Zohkhenhtu sii saya/mah kha **13 22 29** ah chawn asiloah **raisingchildren.net.au** ah zoh