

Your baby's learning has already begun



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Babies are learning from their first hours of life. There's so much that you can learn together in their first weeks at home with you.

- What is your baby telling you? When you respond to their movements and sounds, you help get to know each other.
- Your cuddles and smiles let your baby know they're loved and help their brain to develop.
- Talk to your baby about what you're doing—your baby knows your voice. Speak in the language you're most comfortable in.
- Sing songs during nappy changing, bath time—anytime!

For more information, talk to your Maternal and Child Health nurse, call **13 22 29** or visit **raisingchildren.net.au**

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