

Play
Learn
Grow

Your baby's
learning
has already
begun



Your baby's learning has already begun

Babies are learning from their first hours of life. There's so much that you can learn together in their first weeks at home with you.

- What is your baby telling you? When you respond to their movements and sounds, you help get to know each other.
- Your cuddles and smiles let your baby know they're loved and help their brain to develop.
- Talk to your baby about what you're doing—your baby knows your voice. Speak in the language you're most comfortable in.
- Sing songs during nappy changing, bath time—anytime!

For more information, talk to your Maternal and Child Health nurse, call **13 22 29** or visit **raisingchildren.net.au**