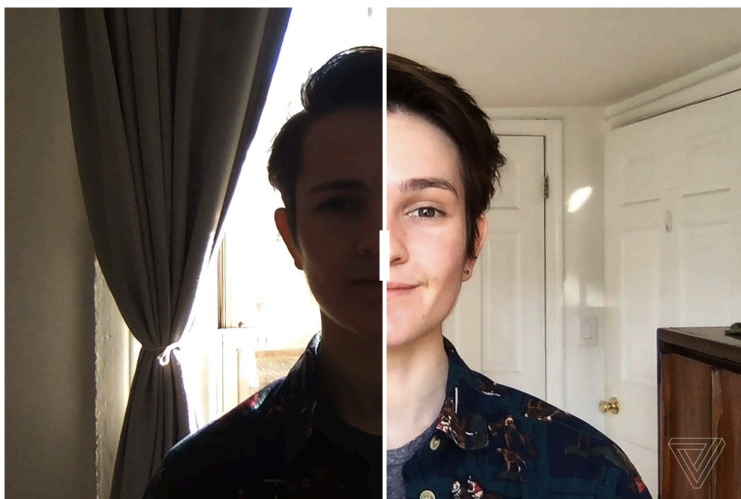


## Tips for filming with your smartphone:

- Film horizontally! The videos we create are intended for wide screen viewing, so make sure you turn your phone around.



- When filming people speaking, film from the elbows up and don't leave too much space above the head - get close so the microphone can pick up sound
- Speakers should look directly at the lens of the camera.
- Allow some time at the end of the clip before you stop recording, hold the eyeline with the camera for 2 seconds before moving/stopping recording to allow for editing.
- Use the best lighting you can find. Outside is ideal, but not in full sunlight. If inside, try to stand facing a window, or have your interviewee facing the window, so that they have nice, even, natural light. Never have your subject with their back to the light (Backlit).



**Backlit, versus facing a light source (such as a window)**

- Make sure you select the best camera settings available. Ideally HD or 4K 25FPS
- Wait a second after pressing record before you start speaking and leave a 2 second pause at the end before you stop recording.
- Don't zoom on your phone (especially) or camera. Move closer.
- Find the quietest room or area you can and don't stand too far from the camera. If you're talking from the other side of the room, the in-built microphone on your camera or phone won't pick up your voice.
- If you're filming outside, pay attention to external noise, such as traffic, construction work and wind.
- When holding the camera, it's important to maintain a steady hold. Hold it close to your body, with your elbows tucked in, to stay steady. Using a tripod or a stand will help.
- Get lots of different shots when filming an activity - shoot more than you think you'll need

### **File delivery**

- For any files under 15MB please email to [videoproduction@education.vic.gov.au](mailto:videoproduction@education.vic.gov.au)
- For files bigger than 15MB please use [WeTransfer](#) (or Google Drive) to send the files to [videoproduction@education.vic.gov.au](mailto:videoproduction@education.vic.gov.au)