The Victorian Child and Adolescent Outcomes Framework

Children and young people

- optimal antenatal/infant development
- optimal physical health
 - adequate nutrition
 - free from preventable disease
 - healthy teeth and gums
 - healthy weight
 - adequate exercise and physical activity
 - healthy teenage lifestyle
 - safe from injury and harm
- optimal social and emotional development
 - positive child behaviour and mental health
 - pro-social teenage lifestyle and law abiding behaviour
 - teenagers able to rely on supportive adults
- optimal language and cognitive development
 - successful in literacy and numeracy
 - young people complete secondary education

Community

- safe from environmental toxins
- · communities that enable parents, children and young people to build connections draw on informal assistance
- accessible local recreation spaces, activities and community facilities
- low levels of crime in community

- enabling society
- stong and supportive commun

ondent and capable family healthy child, learning developing achieving wellbeing

Families

 healthy adult lifestyle • parent promotion of child health and development good parental mental health

- free from abuse and neglect
- free from child exposure to
- conflict or family violence ability to pay for essentials
- adequate family housing
- positive family functioning

Society

 quality antenatal care early identification of child health needs • high quality early education and care experiences available adequate supports to meet needs of families with children with a disability · children attend and enjoy school · adult health and community services that meet

the needs of parents critical to parenting adequate supports for vulnerable teenagers