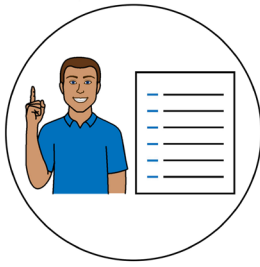


Coronavirus

COVID-19 vaccine for children aged 5 to 11 years



Easy English



Hard words

This information has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about
- find more information.

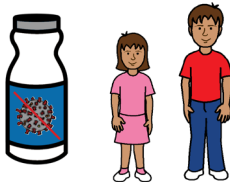


About this book

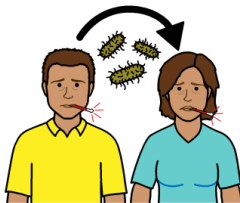


Department
of Health

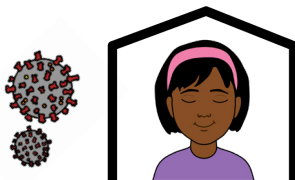
This book is by the Department of Health.



This book is about the **coronavirus vaccine** for children aged 5 to 11 years.

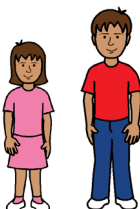


Coronavirus can make people very sick with an illness called COVID-19.



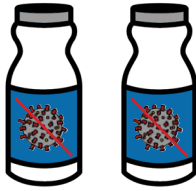
The coronavirus vaccine is medicine to

- protect you from coronavirus
- help stop you getting sick.

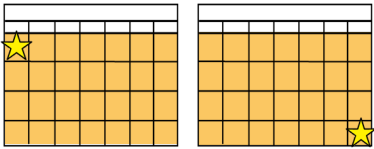


In this book, **children** means any child aged 5 to 11 years.

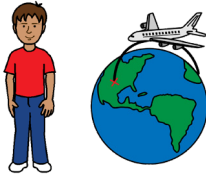
How many doses should your child get?



Children need **2 doses** of the vaccine.



Doses for children are 8 weeks apart.

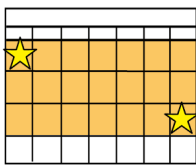


Children can get doses sooner if they

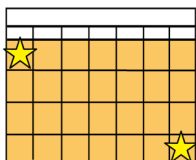
- are going to visit another country



- have a certain health condition.



Your child might get doses 3 weeks apart if the vaccine is called **Pfizer**.



Your child might get doses 4 weeks apart if the vaccine is called **Moderna**.

Where to get the coronavirus vaccine for your child

You can get the coronavirus vaccine for your child at



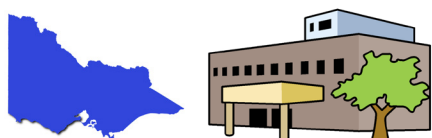
- some doctor clinics



- some pharmacies



- Aboriginal Controlled Community Health Organisations



- some state vaccination centres.



There are services for children who need special support for their vaccination.

More information is at the end of this book.

Why the vaccine is important for children

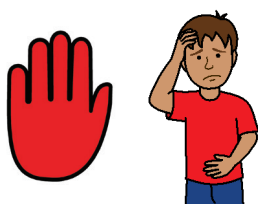
The coronavirus vaccine is medicine that can help



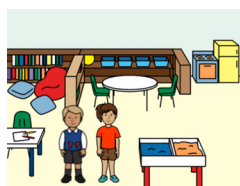
- your child stay safe from coronavirus



- keep others safe from coronavirus



- stop your child from getting very sick with COVID-19



- schools and child care centres stay safe and open.

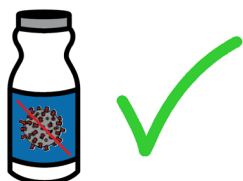


We need lots of people to get the vaccine so everyone can stay well.

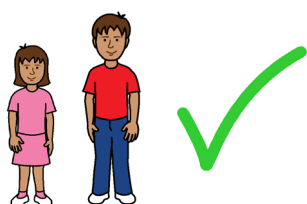


You can get information about the vaccine from your doctor.

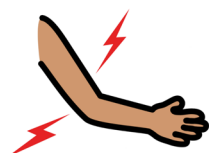
Is the coronavirus vaccine safe for children?



All vaccines in Australia are safe.



The coronavirus vaccine is safe for children aged 5 to 11 years.



After the vaccine your child might

- have a sore arm



- have a mild fever



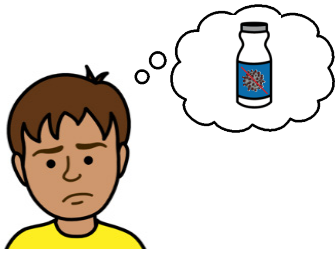
- feel tired.



You can give your child Panadol for children to help them feel better.



If you are worried you can take your child to your doctor after the vaccine.



Helping your child feel safe

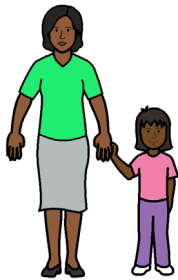
Your child might feel worried about getting the vaccine.

There are things you can do to help.



Before the vaccine, you can ask your child

- when they would like to have the vaccine
 - for example, in the morning or on the weekend



- who they would like to come to the appointment



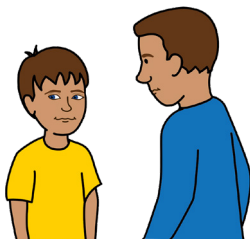
- what they would like to take with them
 - for example, a favourite toy or an iPad.

At the vaccine appointment, you can do things that will help your child.



You might

- ask the health worker to make the room quiet



- help your child feel calm and in control by asking if they would like to watch or look away.



You can make your child feel happy by

- telling your child they are doing a good job



- holding your child if it helps them feel safe.



After the vaccine, you can

- smile
- tell your child they did well



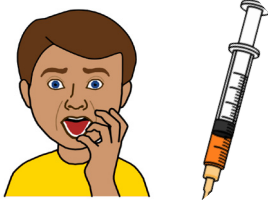
- ask your child how they feel



- offer a reward.

You can get more support

You can find a clinic for your child that can help if your child



- is scared of needles



- has different support needs
 - for example, a child with autism, cerebral palsy or Down syndrome



- does not like places with lots of people



- needs to get vaccinated at home.



You can discuss your child's needs with your doctor or a **Disability Liaison Officer**.

Disability Liaison Officers give support to people with disability.



More information

Call the coronavirus hotline for more information about coronavirus.



Call 1800 675 398

Press **0** for an interpreter if you need one.



Find out more information about coronavirus

coronavirus.vic.gov.au

vaxfacts.org.au

Find out where you can get the vaccine

covid-vaccine.healthdirect.gov.au/booking



Find out who can get the vaccine

coronavirus.vic.gov.au/who-can-get-vaccinated

Find out about support for children with disability or special needs

coronavirus.vic.gov.au/vaccination-information-people-disability

Find out how you can speak to your child about the vaccine

health.gov.au/resources/publications/covid-19-vaccination-how-to-speak-to-kids-about-covid-19-vaccines

coronavirus.vic.gov.au/mental-health-resources-parents-and-families



**You can get information from the Victorian
Aboriginal Coronavirus Information line**



Call 1800 312 911

7 days a week 9 AM to 5 PM



**You can get social scripts with stories and
pictures that explain how to get a vaccine**

[coronavirus.vic.gov.au/vaccination-
information-people-disability#social-
scripts-about-getting-vaccinated](https://coronavirus.vic.gov.au/vaccination-information-people-disability#social-scripts-about-getting-vaccinated)



**Find out about children's health on
this podcast**

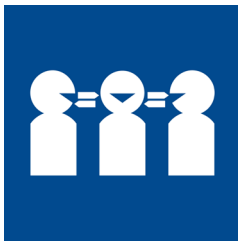
rch.org.au/kidsinfo/Podcast/



If there is an emergency

Call Triple Zero

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If you need help with English

Contact the Telephone Interpreting Service.

Call 131 450



If you need information in another language

Go to the Department of Health website.

coronavirus.vic.gov.au/translations



If you need help to speak or listen

Use the National Relay Service.

nrschat.nrscall.gov.au/nrs/internetrelay

Call 1300 555 727



Give the relay officer the phone number you want to call.

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