

Sianginn pawl le ngakchia sin i zawtfahnak lei tawltrelnak

Kan mibu lakah coronavirus (COVID-19) karhnak nuarhter dingah kan tuah khawhmi a biapi tukmi thil tampi lakah pakhat cu zawt hmelchunhnak din tein kan ngeih hmanh ah, kan dam lo lio ah cun inn ah um kha a si.

Na hngalh a herhmi

Ngakchia pakhat kha a dam lo i zawt hmelchunhnak din te a ngeih hmanhah, inn ah a um hrimhrim lai

Chun ah ngakchia pakhat kha a dam lo ahcun, sianginn/ngakchia fimcawnnak le zohkhenhnak (ECEC) kha a ran khawh chung rangin don hrimhrim ding a si.

Ngakchia nih coronavirus (COVID-19) zawt hmelchunhnak pakhat a ngeih ahcun, din te a si zongah, an ichek a hau i an ichekmi aphi an hmuh hlan inn ah an um hrimhrim lai:

- taklinh
- khuasih asilole thlanchuah
- khuh
- or fah
- thawhchuah iharh
- hnap chuah
- a rim theihnak asilole a thawtnam tlaunak.

luhfah, titsa fah, hnap chuah, chungno, luak le chungtlik tibantuk zeimawzat sining pawl zong kha zawt hmelchunhnak ah ruah khawh a si men lai.

Ruahnak pek chapmi caah:

- suimilam 24 chung (COVID-19) chawnh khawhnak 1800 675 398 ah chawn
- a phunphun thlopbultu siibawi
- Ngandamnak Phuthen (Department of Health - DHS) [online in mah tein zohfelnak thilri](#) hmang.

Va kal: [Icheknak ding hmun](#).

Ngakchia pakhat cu zawt hmelchunhnak a ngeih ti lo hlan tiang, coronavirus (COVID-19) icheknak ah zawtnak a um lo hmanh ah inn ah a um hrimhrim lai

Coronavirus (COVID-19) icheknak ah zawtnak hmuh a si ahcun asilole a zawmi he naihnam in tonnak a ngei tiah langhter a si ahcun DHS sin in a tiang cang tiah tial piakmi ca an hmuh hlan cu an mah tein lawng an um hrimhrim lai/zawt chek dingah a dang tein an um hrimhrim lai.

Taklinh asilole khuhhrin zawtnak a ngei ruangah zawt hmelchunhnak pawl a takpum ah a lang pengmi ngakchia pawl nih pehzulh tein ECEC/sianginn an kai kho ko lai. Zawt hmelchunhnak a langmi pawl kha aa phundang asilole punghmaan an ngeih tawnmi zawt hmelchunhnak pawl nak in tih a nun deuh ahcun COVID-19 an ichek bak a hau. ECEC/sianginn kai dingah khuhnak asilole hnapchuahnak tibantuk COVID-19 zawt hmelchunhnak pawl an ngeih peng ahcun, sii lei lehmat ngah khawh dingin an ruah a hau.

Ngakchia no deuh (tualleng sianginn in Grade 2) tiang nih hnapchuah asilole khuhnak a rak ngei lengmangmi zawt hmelchunhnak a ngeimi nih sianginn/ECEC an kai kho men ko i an zawt hmelchunhnak pawl tha tein an thian lo hmanh ah COVID-19 zawt icheknak i zawtnak hmuh a si ti lo ahcun. An dam ko asilole an zawtnak in an dam than cang tiah fehter dingah an GP sinin sii lei lehmat an herh lai.

Zeidang thil sining pawl caah inn i um dingah siangngakchia pawl le ngakchia pawl nih a tlawmbik inn umnak caan thawngthanhmi caah [DHS sianginn nih a onh lomi cazin](#) kha ichirchanh.

Ngakchia pawl nih sianginn/ECEC an kai than hlan ah sii lei lehmat a hau lo

Zawt hmelchunhnak pawl a thian tikah, Fimcawnnak le Tintaan Phuthen (Department of Education and Training) asilole DHS sin in ngakchia/siangngakchia pawl nih sianginn/ECEC kai hlan ah sii lei lehmat a hau lo.

Hi tuah dingmi pawl zulhnak in na kan bawmh caah kan ilawm tuk, hmunkhat tein kan dihlak in him tein kan um kho lai.

Hi ruahnak cheuhmi cu Fimcawnnak le Tintaan Phuten (Department of Education and Training), A Him deuhmi Zohkhenhnak Victoria (Safer Care Victoria) le Ngandamnak Phuthen (Department of Health) nih timhtuahmi a si