

Tlawnginn le hramthawk nauhak tlawng dam lo nak ih tuaktonak

Kan kiangkap Coronavirus (COVID-19) karhzai loih a um theinak dingih kan tuah theimi thupi bik cu kan dam lo, bese tuk loih natnak neipawl um daan ih kan um a si khal le inn ah um ding a si.

Na thei ʈul mi ziang a si

Na fate a dam, bese tuk loih nat neipawl um daan ih kan um a si le, inn ih an um tengteng a ʈul

Tlawng an kai lai ih an dam lo a sile, a rang thei bikin an tlawnginn/hramthawk nauhak fimzirnak le kilkhawinak (ECEC) ihsin tlunter an si ding.

Nauhak in a hnuailam ih coronavirus (COVID-19) nat nei pawl um daan vekin a um a si le, a besiat lo khalah, nat nei le nei lo zoh le an rizal a lang hlan tiang inn ah a kharh khum aw hrih dinging a si

- Taksa
- Dai ngah lole tlan a suak
- Khuh khuh
- Dang car
- Thawthawt har
- Hnap dawk
- Thawknak thei thei lo le rim thei lo

cun a cancan ahcun lu a na, taksa a na, dang na, sungdawk le luaksuaknak pawl hi natnak langtertu an si ʈheu a si.

Theih duh bet hrangah:

- Nazi 24- sung coronavirus (COVID-19) biak theinak 1800 675 398 ah ko aw
- Tlangpi ih thiam hleicepawl ko aw
- Harhdamnak Zung (Department of Health - DHS) [online ih mah te zohawknak thilril](#) hmang aw.

Zoh aw: [nat nei le nei lo zohnak hmun](#).

Nauhak cu Coronavirus (COVID-19) nat a nei lo khal le nat nei pawl um daan a reh hlan sung cu inn ah a um ringring thocho a ʈul a si

Mi pakhat khat coronavirus (COVID-19) a nei lo ti a fiang silole natnei thawn an hnawihnihaw a si ahcun DHS ihsin fiangternak a um hlan sung tiang anmahte an retthatawk/quarantine a tuah tengteng a ʈul.

Tlangrai ruangah mi hnaihnawkkhawp ih taksa lole awmna nauhakpawl nat poimawh a thlengban lomi ti a fiang ahcun ECEC/tlawngah an kai peh vivo thei dingih tawlrel a si pei. An tuar kel si lo luar deuh le harsa deuh ih an um a si ah cun COVID-19 an neih leh neih lo an zo hawk fel tengteng a tul a si. Tlangrai le COVID-19 nat langnak a simi khuhkhuh le hnapdawk pawl a um lai a si le ECEC/tlawng kai dingah an GP ihsin sibawi ca piahter dingin an tawlrel a tul tengteng a si.

Nauhak nauta deuh (tual-leng tlawng ihsin Phun 2 tiang) cu natnak langtertu hnapdawk lole khuhkhuh tivekpawl a um khal le COVID-19 nathrik a um nawn lo veten an nat langternak a nat phun pawl a um lai khal le tlawng/ECEC an kai thei thocho ding a si. Tu ih an natnak ihsin an dam felfai zo a si lole tlangrai ihsin an dam fel ti theihpi nak sibawi ca cu an GP hnen ihsin an hmuh a tul ding.

[DHS ih le tlawnginn caan bi khiah mi vekin](#), le inn ih um ding theihternak an pekmi tikcu can pawl tiang inn ih an um tul thu dang a um le a tul dan in a si vivo ding.

Nauhak tlawng/ECEC an kai hlan cu harhdamnak ca a tul lo

Nat langtertupawl a reh veten, Fimzirnak le Zirnak Zung (Department of Education and Training) lole DHS ihsin nauhakpawl/tlawngtapawl hrang zianghman a tul lo ih harhdamnak ca khal tlawng/ECEC an kai hlan tiang a tul lo.

Himi pakhat hnu pakhat tuahsuak dingin in bawmnak parah kan lungawi, kan tankhawm ahcun kan him ding.

Himi thupawl timlamtu cu Fimzirnak le Zirnak (Department of Education and Training), Victoria Kilhimtu (Safer Care Victoria) le Harhdamnak Zung (Department of Health) a si