The Victorian Child and Adolescent Outcomes Framework

**Children and young people**
- optimal antenatal/infant development
- optimal physical health
  - adequate nutrition
  - free from preventable disease
  - healthy teeth and gums
  - healthy weight
  - adequate exercise and physical activity
  - healthy teenage lifestyle
  - safe from injury and harm
- optimal social and emotional development
  - positive child behaviour and mental health
  - pro-social teenage lifestyle and law abiding behaviour
  - teenagers able to rely on supportive adults
- optimal language and cognitive development
  - successful in literacy and numeracy
  - young people complete secondary education

**Community**
- safe from environmental toxins
- communities that enable parents, children and young people to build connections draw on informal assistance
- accessible local recreation spaces, activities and community facilities
- low levels of crime in community

**Families**
- healthy adult lifestyle
- parent promotion of child health and development
- good parental mental health
- free from abuse and neglect
- free from child exposure to conflict or family violence
- ability to pay for essentials
- adequate family housing
- positive family functioning

**Society**
- quality antenatal care
- early identification of child health needs
- high quality early education and care experiences available
- adequate supports to meet needs of families with children with a disability
- children attend and enjoy school
- adult health and community services that meet the needs of parents critical to parenting
- adequate supports for vulnerable teenagers