

Catching On for Years 9 and 10 and the Victorian Essential Learning Standards

Catching On for Years 9 and 10 is a resource developed for use in sexuality education classes at level 6 of the Victorian Essential Learning Standards (VELS). While *Catching On* pre-dates the VELS, it nevertheless provides a range of activities which will enable teachers to meet the Level 6 requirements of the VELS in the Physical Personal and Social Learning Strand. All the activities in *Catching On* under the Teaching and Learning Activities section meet the requirements of the VELS in some way as the tables below illustrate.

The following tables set out those activities which meet particular curriculum requirements of the VELS under the Health and Physical Education Learning Focus and the Building Social Relationships Dimension. While these activities provide a way to meet some of these curriculum requirements, other aspects of these two areas are not covered. The obligation to investigate and evaluate school policies, or to identify the services provided through Medicare are examples of this, illustrating the importance of including additional materials and ideas in curriculum planning.

The resource has been designed for use at Level 6 but includes activities which can be adapted by experienced teachers to meet some requirements in Level 5. For example, the requirement to 'explain how community attitudes and laws influence the sense of right and wrong' may be met by adapting Unit 2: 3, 4, 5 & 9. The requirement to 'learn how to access reliable information about health issues affecting them' could be met by adapting Unit 3: 9.

VICTORIAN ESSENTIAL LEARNING STANDARDS

PHYSICAL, PERSONAL AND SOCIAL LEARNING STRAND

LEVEL 6 Health and Physical Education Learning Focus

CATCHING ON UNIT 1 Sex, sexuality and gender	Activity									
	1	2	3	4	5	6	7	8	9	10
.. describe social and cultural factors, influencing the development of personal identity, including the development of identity as it relates to gender		*	*	*	*	*	*			*
..discuss relationships and how the different aspects of relationships vary between people over time		*					*	*		*
...consider how the different roles and responsibilities in sexual relationships can affect their health and wellbeing							*	*		
...explore a range of issues related to sexuality and sexual health such as safe sex practices, sexual negotiation, same sex attraction and the impact of alcohol on sexual and personal safety			*	*	*		*		*	*
..explore assumptions, community attitudes and stereotypes about young people and sexuality	*			*		*				*
...learn strategies for supporting themselves and other young people experiencing difficulties in relationships or with their sexuality, and learn about the community services able to assist					*					

CATCHING ON UNIT 2 Pressure, power and sexuality	Activity								
	1	2	3	4	5	6	7	8	9
.. describe social and cultural factors, influencing the development of personal identity, including the development of identity as it relates to gender	*	*	*	*		*	*	*	*
..discuss relationships and how the different aspects of relationships vary between people over time		*	*	*		*		*	
...consider how the different roles and responsibilities in sexual relationships can affect their health and wellbeing	*	*	*	*	*	*	*		
...explore a range of issues related to sexuality and sexual health such as safe sex practices, sexual negotiation, same sex attraction and the impact of alcohol on sexual and personal safety	*	*	*	*	*	*			
..explore assumptions, community attitudes and stereotypes about young people and sexuality						*		*	*
...learn strategies for supporting themselves and other young people experiencing difficulties in relationships or with their sexuality, and learn about the community services able to assist					*				

CATCHING ON UNIT 3 Safer sex issues	Activity									
	1	2	3	4	5	6	7	8	9	10
.. describe social and cultural factors, influencing the development of personal identity, including the development of identity as it relates to gender	*						*	*		*
..discuss relationships and how the different aspects of relationships vary between people over time										
...consider how the different roles and responsibilities in sexual relationships can affect their health and wellbeing	*						*			
...explore a range of issues related to sexuality and sexual health such as safe sex practices, sexual negotiation, same sex attraction and the impact of alcohol on sexual and personal safety	*	*	*	*	*	*	*	*	*	*
..explore assumptions, community attitudes and stereotypes about young people and sexuality						*		*		
...learn strategies for supporting themselves and other young people experiencing difficulties in relationships or with their sexuality, and learn about the community services able to assist			*	*		*			*	*

CATCHING ON UNIT 2 Pressure, power and sexuality	Activity								
	1	2	3	4	5	6	7	8	9
..initiate, maintain and manage positive social relationships with a diverse range of people in a range of contexts	*	*	*	*	*				
...learn about and practise social conventions which underpin relationships and learn how to act in socially responsible ways	*	*	*	*	*				
...develop skills and strategies for understanding, managing and resolving conflict	*	*	*	*	*				

