VET/ACE Framework Learning Outcomes

# Self-Development: 1. Use the result of a self-assessment to identify areas of development, build aspirations and provide positive self-image

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Complete the ‘My abilities’ activities in the Careers and Transitions Resource Kit in order to identify personal abilities and consider ways to build on strengths and deal with weaknesses.
 | * Careers and Transitions Resource Kit: [Self Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/selfaware.aspx) – My abilities
 |  |  |
| * Complete the ‘Promoting myself’ activities in the Careers and Transitions Resource Kit in order to identify and present positive perceptions of self.
 | * Careers and Transitions Resource Kit: [Self Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/selfaware.aspx) – Promoting myself
 |
| * Complete the ‘Personal perceptions’ activities in ReCaP in order to identify and present positive perceptions of self.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-personal-management-personal-perceptions-australian-blueprint-career-development): Personal perceptions
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# Self-Development: 2. Explore methods to enhance interpersonal and group communication skills including skills for a successful work interview

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Complete the ‘How others see me’ activities in the Careers and Transitions Resource Kit in order to obtain some insight into what others think, and what this means personally and socially.
 | * Careers and Transitions Resource Kit: [Self Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/selfaware.aspx) – How others see me
 |  |  |
| * Complete the ‘Access your allies’ activities in the Careers and Transitions Resource Kit in order to identify those people who are able to help with personal career development including employment opportunities.
 | * Careers and Transitions Resource Kit: [Transition Planning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/transitionplan.aspx) – Access your allies
 |
| * Complete the ‘Interview preparation’ and ‘Go for gold – interview practice’ activities in the Careers and Transitions Resource Kit to prepare for interviews by developing and practicing interview skills.
 | * Careers and Transitions Resource Kit: [Transition Planning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/transitionplan.aspx) – Interview preparation & [Transition Planning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/transitionplan.aspx) – Go for gold – interview practice
 |
| * Complete ‘The local community scene’ activities in ReCaP in order to identify the businesses, industries and resources in the local community that might provide work and networking opportunities.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-b-learning-and-work-exploration-local-community-australian-blueprint-career-development): The local community scene
 |
| * Complete the ‘Interview preparation’ and ‘Interview participation’ activities in ReCaP in order to prepare for an interview, and to help students understand what a job interview is and the reasons for its use, and participate actively in the interview process.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-c-career-building-interview-preparation-australian-blueprint-career-development): Interview preparation
* [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-c-career-building-interview-participation-australian-blueprint-career-development): Interview participation
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# Self-Development: 3. Re-examine your personal characteristics and determine those that contribute positively to the achievement of your life, learning and work goals

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Sign up to My Guide on the myfuture website, and complete activities on Interests, Skills and Attributes in the Profile section in order to identify your personal characteristics.
 | * myfuture: [My Guide](http://www.myfuture.edu.au/MyGuide/Login.aspx)
 |  |  |
| * Complete the ‘My values’ activities in the Careers and Transitions Resource Kit in order to identify personal values to assist in the decision making process.
 | * Careers and Transitions Resource Kit: [Self Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/selfaware.aspx) – My values
 |
| * Complete the ‘My interests’ activities in the Careers and Transitions Resource Kit in order to identify individual interests and how they relate to abilities, work and leisure.
 | * Careers and Transitions Resource Kit: [Self Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/selfaware.aspx) – My interests
 |
| * Complete the ‘Personal skills and work’ activities in in the Careers and Transitions Resource Kit order to identify personal skills and how skills relate to occupations.
 | * Careers and Transitions Resource Kit: [Decision Learning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/decisionlearn.aspx) – Personal skills and work
 |
| * Complete the ‘Strengths and abilities’ activities in ReCaP in order to develop a profile of important strengths and abilities.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-personal-management-strengths-and-abilities-australian-blueprint-career-development): Strengths and abilities
 |
| * Complete the ‘Personal attributes’ activity in ReCaP in order to identify and discuss perceptions of self, including personal attributes.
 | * [ReCaP](https://www.dese.gov.au/future-ready/resources/area-personal-management-personal-attributes-australian-blueprint-career-development): Personal attributes
 |
| * Complete the ‘Positive self-talk’ activities in ReCaP in order to apply positive self-talk as a means of developing self-confidence.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-personal-management-positive-self-talk-australian-blueprint-career-development): Positive self-talk
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# Career Exploration: 4. Demonstrate skills and attitudes towards learning that will help you to achieve your life and career goals

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Complete the ‘Paid work’ activities in the Careers and Transitions Resource Kit in order to identify the attributes of paid part-time or casual work and share this information with others.
 | * Careers and Transitions Resource Kit: [Opportunity Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/opportunity.aspx) – Paid work activities
 |  |  |
| * Complete the ‘Employability skills’ activities in the Careers and Transitions Resource Kit in order to develop an understanding of employability skills.
 | * Careers and Transitions Resource Kit: [Opportunity Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/opportunity.aspx) – Employability skills
 |
| * Complete the ‘Work experience preparation’ activities in ReCaP in order to identify and investigate three areas of interest for possible work placement.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-b-learning-and-work-exploration-work-experience-preparation-australian-blueprint-career): Work experience preparation
 |
| * Complete the ‘Work experience debriefing and letter of thanks’ activities in ReCaP in order to report on experiences in the workplace and write letters of thanks to employers.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-b-learning-and-work-exploration-work-experience-debrief-australian-blueprint-career-development): Work experience debriefing and letter of thanks
 |
| * Explore the Youth Central ‘Studying tips & resources’ webpage in order to identify strategies to develop good habits that will make studying and dealing with exams much easier.
 | * Youth Central: [Studying tips & resources](http://www.youthcentral.vic.gov.au/Studying%2B%26%2BTraining/Studying%2Btips%2B%26%2Bresources/)
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# Career Exploration: 5. Participate in continuous learning supportive of career goals

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Explore the Youth Central ‘Choosing a Course’ and ‘Other Options: Education, courses and training’ webpages in order to identify the range of options for continuous learning.
 | * Youth Central: [Choosing a Course](http://www.youthcentral.vic.gov.au/Studying%2B%26%2BTraining/Courses%2B%26%2Bstudy%2Boptions/Choosing%2Ba%2Bcourse/) and [Other options: education, courses and training](http://www.youthcentral.vic.gov.au/Studying%2B%26%2BTraining/Courses%2B%26%2Bstudy%2Boptions/Other%2Boptions/)
 |  |  |
| * Complete the ‘Understanding Pathways’ activities in the Careers and Transitions Resource Kit in order to explore a range of post-school pathways.
 | * Careers and Transitions Resource Kit: [VET](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/vetcareers.aspx) – Understanding Pathways
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# Career Exploration: 6. Identify how your education and training achievements affect your available options for courses, programs, workplace training and entry to work

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Complete the ‘Researching careers’ activities in the Careers and Transitions Resource Kit in order to investigate a variety of occupations to assist in making informed career decisions.
 | * Careers and Transitions Resource Kit: [Opportunity Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/opportunity.aspx) – Researching careers
 |  |  |
| * Complete the ‘Career investigation’ activities in ReCaP in order to investigate options that can lead to career pathways in senior school.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-b-learning-and-work-exploration-career-investigation-australian-blueprint-career-development): Career investigation
 |
| * Complete the ‘Exploring Education and Training pathways’ myfuture quiz in order to find out about the important components to explore when considering education and training pathways.
 | * myfuture: [Exploring Education and Training pathways](http://www.myfuture.edu.au/learningobjects/1003_EducationAndTraining/index.html)
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# Career Exploration: 7. Locate and use education and training information, occupational and industry information and labour market information in the career building process

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Complete the ‘Researching careers’ activities in the Careers and Transitions Resource Kit in order to investigate a variety of occupations to assist in making informed career decisions.
 | * Careers and Transitions Resource Kit: [Opportunity Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/opportunity.aspx) – Researching careers
 |  |  |
| * Complete the ‘Skills in demand’ activities in the Careers and Transitions Resource Kit in order to explore skills shortage areas and job prospects.
 | * Careers and Transitions Resource Kit: [Opportunity Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/opportunity.aspx) – Skills in demand
 |
| * Complete the ‘Careers expos/markets’ activities in the Careers and Transitions Resource Kit in order to maximise the opportunity offered by a careers Expo/Market, and to gather information about career pathways, education and training, and job opportunities.
 | * Careers and Transitions Resource Kit: [Opportunity Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/opportunity.aspx) – Careers expos/markets
 |
| * Complete the ‘Present and future work patterns’ activities in ReCaP in order to investigate and compare changes that have occurred in the nature of work.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-c-career-building-present-and-future-work-patterns-australian-blueprint-career-development): Present and future work patterns
 |
| * Explore ‘The Facts’ in the myfuture website to locate information about occupations, industries and the labour market.
 | * myfuture: [The Facts](http://www.myfuture.edu.au/en/The%20Facts.aspx)
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# Career Management: 8. Develop abilities to seek, obtain, create and maintain work

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Complete the ‘Writing winning resumes’ and ‘Get that job’ activities in the Careers and Transitions Resource Kit in order to prepare a resume and investigate the merits of different styles of resumes, and explore ways of funding and applying for jobs, courses and volunteer work, through advertised vacancies and cold canvassing.
 | * Careers and Transitions Resource Kit: [Transition Planning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/transitionplan.aspx) – Writing winning resumes, & [Transition Planning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/transitionplan.aspx) – Get that job
 |  |  |
| * Complete the ‘What is work?’ activities in ReCaP in order to define work.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-b-learning-and-work-exploration-what-work-australian-blueprint-career-development): What is work?
 |
| * Complete the ‘Personal portfolio’ activities in ReCaP in order to prepare a personal portfolio.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-c-career-building-personal-portfolio-australian-blueprint-career-development): Personal portfolio
 |
| * Complete the ‘Resume’ activities in ReCaP in order to prepare a basic resume, curriculum vitae, or personal data sheet that is developed and stored electronically.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-c-career-building-resume-australian-blueprint-career-development): Resume
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# Career Management: 9. Consider the possible implications of changes in learning and work for your own career goals and plans including financial options

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Complete the ‘Evolving careers’ activities in the Careers and Transitions Resource Kit in order to investigate how work can develop in unexpected directions.
 | * Careers and Transitions Resource Kit: [Opportunity Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/opportunity.aspx) – Evolving careers
 |  |  |
| * Complete the ‘Balancing leisure and work’ activities in the Careers and Transitions Resource Kit in order to identify the effect of changing work patterns on balancing leisure and work.
 | * Careers and Transitions Resource Kit: [Opportunity Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/opportunity.aspx) – Balancing leisure and work
 |
| * Complete the ‘Future predictors and risk assessment’ activities in the Careers and Transitions Resource Kit in order to build upon goal setting and to consider how the world might change.
 | * Careers and Transitions Resource Kit: [Decision Learning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/decisionlearn.aspx) – Future predictors and risk assessment (aka Future predictions and risk assessment)
 |
| * Complete the ‘Dicing with life’ activities in the Careers and Transitions Resource Kit in order to consider different attributes of work and explore career options that may not necessarily have been considered before.
 | * Careers and Transitions Resource Kit: [Opportunity Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/opportunity.aspx) – Dicing with life
 |
| * Complete the ‘How careers unfold’ activities in ReCaP in order to investigate how work patterns develop in unexpected directions.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-c-career-building-how-careers-unfold-australian-blueprint-career-development): How careers unfold
 |
| * Complete the ‘Personal timeline and vocational tree’ in ReCaP in order to identify factors that influence career options.
 | * [ReCaP](https://www.dese.gov.au/future-ready/resources/area-personal-management-personal-timeline-australian-blueprint-career-development): Personal timeline and vocational tree
 |
| * Complete the ‘Technology and change’ activities in ReCaP in order to report on the impact of technological change on employment and way of life.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-b-learning-and-work-exploration-technological-change-australian-blueprint-career-development): Technology and change
 |
| * Complete the ‘Entrepreneurial skills’ activities in ReCaP in order to identify changes in the world of work, including entrepreneurial skills.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-c-career-building-entrepreneurial-skills-australian-blueprint-career-development): Entrepreneurial skills
 |
| * Explore the Youth Central ‘Work options’ webpage in order to identify diverse work options that suit different people at the various stages of their lives and careers.
 | * Youth Central: [Work options](http://www.youthcentral.vic.gov.au/Jobs%2B%26%2BCareers/Work%2Boptions/)
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# Career Management: 10. Understand and apply problem solving and goal setting strategies in making career and life decisions

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Complete the ‘Goal setting’ activities in the Careers and Transitions Resource Kit in order to explore long and short-term goals and how time needs to be managed to meet these goals.
 | * Careers and Transitions Resource Kit: [Transition Planning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/transitionplan.aspx) – Goal setting
 |  |  |
| * Complete the ‘Making decisions’ activities in the Careers and Transitions Resource Kit in order to explore different decision making strategies and how they can be applied.
 | * Careers and Transitions Resource Kit: [Decision Learning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/decisionlearn.aspx) – Making decisions
 |
| * Complete the ‘My Profile’ activities in the Careers and Transitions Resource Kit in order to introduce pathways planning as an important component of the career decision making process, and complete a brief resume as the first stage of a career portfolio.
 | * Careers and Transitions Resource Kit: [VET](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/vetcareers.aspx) – My Profile (aka My Portfolio)
 |
| * Complete the ‘What should I do?’ activities in the Careers and Transitions Resource Kit in order to apply decision making strategies to solving conflicts in choices.
 | * Careers and Transitions Resource Kit: [Decision Learning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/decisionlearn.aspx) – What should I do?
 |
| * Complete the ‘Careers portfolio’ activities in the Careers and Transitions Resource Kit in order to prepare a personal careers portfolio to be added to throughout school and beyond, which can be used to demonstrate areas of expertise and support applications for courses, volunteer and paid work.
 | * Careers and Transitions Resource Kit: [Transition Planning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/transitionplan.aspx): Careers portfolio
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# Career Management: 11. Examine how personal goals can be satisfied through a combination of work, community, social and family roles

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| A-frame Link | Sample Activities | Sample Resources | Current Practice(Is this being achieved now? If yes, how and by whom?) | Change Practice(How could the learning outcome be achieved?) |
|  | * Complete the ‘Why work?’ activities in the Careers and Transitions Resource Kit in order to explore people’s motivation to work and effects on society.
 | * Careers and Transitions Resource Kit: [Opportunity Awareness](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/opportunity.aspx) – Why work?
 |  |  |
| * Complete the ‘Career pathways plan’ activities in the Careers and Transitions Resource Kit in order to produce a career pathway using personal goals. Use the Career Action Plan templates from the [Victorian Careers Curriculum Framework](http://www.education.vic.gov.au/sensecyouth/carframe/default.htm).
 | * Careers and Transitions Resource Kit: [Transition Planning](http://www.education.vic.gov.au/school/teachers/teachingresources/careers/resourcekit/Pages/transitionplan.aspx) – Career pathways plan (aka Career pathway planning)
 |
| * Complete the ‘Leisure time’ activities in ReCaP in order to identify the effect of changing work patterns on leisure time.
 | * [ReCaP](https://www.dese.gov.au/school-work-transitions/resources/area-c-career-building-leisure-time-australian-blueprint-career-development): Leisure time
 |
| * Explore the myfuture ‘Labour Market Information’ webpage in order to find labour market information about specific regions.
 | * myfuture: [Labour Market Information](http://www.myfuture.edu.au/The%20Facts/Work%20and%20Employment/Labour%20Market%20Information.aspx)
 |

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