

## VCE EXAM ADVICE FROM PREMIER'S VCE AWARD RECIPIENTS

# DANCE (VCE VET)

### MATTHEW BRADWELL RECEIVED A PERFECT DANCE (VCE VET) SCORE IN 2014.

**My name is...** Matthew Bradwell

#### I went to...

Victorian College of the Arts Secondary School

In Dance (VCE VET), I received a score of... 50

The thing I liked best about doing this subject was...

Performance experience in front of a new group of people

**This year (2015) I am doing...** Full time classical ballet at the Australian Ballet School

#### The best advice I can give VCE students about this exam is... 1) Simplify your dance solos so they

are within your capabilities

2) Don't try impress the panel with 'tricks' if they aren't done perfectly

3) Work to your strength, show off what you do best

# The best advice I got from my teacher about this exam was...

if you can't do it with perfect technique, then take it out of the solo.

## In the month before this VCE exam, I...

began performing my solo as often as I could, usually once a day. I really focussed on the technical aspects of it, making sure that I was able to do everything involved. I began starting to organise music and costumes, to make sure that I was well prepared.

### In the week before this VCE exam I...

began really focusing on the performance and artistry aspect of my solos. I also began performing in front of larger crowds, to practice dealing with performance anxiety.

### On exam day, I prepared myself by...

I ensured that I was physically prepared, therefore I had a good warm up that was specific to the solos I was about to perform. I also gave myself time to calm and relax myself to ensure I was not inhibited by nerves.

### After the exam, I...

gave myself a break from studying and dancing, and caught up with friends to take my mind off exams.

#### The best exam advice I received from my parents, siblings or friends was...

believe in yourself.

### I didn't work a part-time job during year 12 because...

my courses involved dance on the weekend. With this and my school being located in the city, I had very limited time. Therefore I choose not to work to allow maximum time to devote to all my Year 12 subjects.



For more tips like this and for advice about looking after yourself during vce exams, please visit

www.education.vic.gov.au/school/ students/pages/vce.aspx

