

# SAFEMinds.

SCHOOLS AND FAMILIES ENHANCING MINDS

**SAFEMinds** is an important resource for schools as they are in the unique position of interacting with students daily, can build rapport and offer support, help with successful learning and development, and connect students and families to community services and resources when needed.

## SAFEMINDS: IN PRACTICE

SAFEMinds is a partnership between:



**headspace**  
National Youth Mental Health Foundation



SAFEMinds combines a range of targeted training and a comprehensive toolkit of resources, to support whole school communities apply the *NIP it in the bud!* early intervention approach.

SAFEMinds Online

SAFEMinds: In Practice    SAFEMinds: At Home

### SAFEMINDS: IN PRACTICE

*SAFEMinds: In Practice* focuses on local decision makers becoming 'Champions' in the use of the *NIP it in the bud!* early intervention approach and Toolkit resources, including the SAFEMinds Online materials; and how to incorporate SAFEMinds into their school's existing professional learning and student wellbeing policies and initiatives.



### AS A SAFEMINDS CHAMPION YOU WILL:

- Complete *SAFEMinds Online* by accessing [deecd.tech-savvy.com.au](http://deecd.tech-savvy.com.au), creating an account and clicking on 'SAFEMinds'.
- Attend *SAFEMinds: In Practice* within your local area.
- Encourage and coordinate the completion of the online *SAFEMinds Online* within your school community.
- Lead the use of the *NIP it in the bud!* early intervention approach to support decision making within your school community.
- Network with local mental health services to support relationship development and effective referral pathways.

A series of *SAFEMinds: In Practice* training days will be on offer to school staff and health and wellbeing workforces between June and December 2014.

These training days will be rolled out regionally, held in each of the Student Support Services networks and will provide the opportunity for schools to network with their local mental health services.

There are limited places available per training day and schools should prioritise who attends from their school. Up to three places will be available per school for secondary school settings and up to two places per school will be available for primary school settings.

**To register for *SAFEMinds: In Practice* go to [eventbrite.com.au/o/safeminds-6359616863](http://eventbrite.com.au/o/safeminds-6359616863)**