

Play  
Learn  
Grow

Your baby  
is learning  
every day,  
everywhere



# Your baby is learning every day, everywhere

Every day and every situation is a time for learning. As your baby becomes more alert, look for opportunities to enjoy and share your baby's discoveries.

- What sounds and facial expressions does your baby make? Copy them and see if your baby copies you back.
- How does your baby respond when you look them in the eyes and smile? Doing this can help your baby to bond with you and feel secure.
- Talk, sing and read aloud with your baby—they will love all these things, so why not start as early as possible!
- Who do you and your baby spend time with? Share experiences and learn together by going along to parent groups and playgroups.

For more information, talk to your Maternal and Child Health nurse, call **13 22 29** or visit **[raisingchildren.net.au](http://raisingchildren.net.au)**