

Celebrate family, culture and community



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Belonging and contributing to family, culture and community is important for your baby's identity, learning and development.

- How do your family and friends spend time together? Meals and special events are a great chance for your baby to connect with and learn from others.
- Talk about things your baby shows you—they might like showing others too!
- Share lots of books and stories with your baby about different people and places.
- Where can your baby meet new people? Playgroup, the library, park or pool are great places to make new friends.

For more information, talk to your Maternal and Child Health nurse, call **13 22 29** or visit **raisingchildren.net.au**

Produced by the Centre for Community Child Health at The Royal Children's Hospital and the Murdoch Childrens Research Institute for the Victorian Government Department of Education and Training. © State Government Victoria 2015. KAS: 12 months. Illustration by Anna Pignataro. ERC140910

